

Redding Reflections

November 2025



Redding Inc. (CA) Branch



2025-2026

Branch Officers

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Frances Cole-Boyd

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Nancy Overton

Program Vice-President

Karen Ramstrom

Recording Secretary

Debbie Spiess

Treasurer

Cindy Anderson

Membership VP

Gail Paulsen

AAUW Fund VP

Suzannah Gerlach

Board Meetings

Board Meetings meet at 5:30 pm

Monday, November 17

All members are welcome to attend Board Meetings. The agenda will be emailed one week prior to each meeting. If you wish to speak to an agenda item at the meeting, please contact Frances.

Newsletter Editor

Andi Winters

STARRY NIGHT
of Art and Wine
Art Sales | Wine Tasting
Silent Auction | Appetizers
November 7, 2025
4:00-7:30PM
NVAL | 48 Quartz Hill Road, Redding
Tickets: \$40 Each
American Association of University Women Redding
Net Proceeds Support Local AAUW Educational Scholarships

A QR code located in the bottom right corner of the poster, which likely links to the event's registration page.

There will not be a Branch meeting this month as we are all excited to go to the Starry Night Art Show and Wine Tasting Party



Letter from the President: *Frances Cole-Boyd*

The leaves are turning, the days are getting cooler and shorter, and if I were still living on the farm, things would be slowing down because the rice would be harvested and in the bins. At our October meeting, we enjoyed meeting some of our “harvested crop” – the girls that we sent to Tech Trek at UC Davis.

AAUW Redding is not slowing down though. We “plant” a winter crop in our Starry Night of Art & Wine event. Nancy Williams and her dedicated team, including Barbara Enochian and her talented artists, are finishing up on the details for this delightful evening. It always proves to be a fun way to raise money for our scholarships. I invite you to “fertilize” generously by buying your tickets, some artwork, and bidding on the wonderful raffle baskets. We can then have a “bumper crop” to provide scholarships to deserving women.

Another easy way to “fertilize and water” scholarships and for sending girls to Tech Trek is at North State Giving Tuesday. Maureen Chenoweth is once again overseeing our participation in this fund raising tool. You can find us there at <https://www.northstategives.org/organization/Aauw-Ca-Special-Projects-Fund> and can begin donating on Nov. 18. Please tell your friends!

If you are more of a “dig in the dirt” kind of gal, I invite you to think about becoming a Reading Pal. My husband and I are doing it and it is fun and meaningful. This new Shasta County Office of Education (SCOE) program is an easy one or two hour per week commitment, where you help elementary-aged students develop stronger reading skills to succeed in school. Ask me for more information and/or check it out at <https://www.shastaess.org/content-areas/elaliteracy/reading-pals>.

Speaking of SCOE, the Women’s Issues group attended SCOE’s Open House. I invite everyone to familiarize yourself with their programs and services, <https://www.shastacoe.org/programs-services>. We may no longer need them, but we can help others know about them. Of special interest to me was the area helping parents find and pay for childcare.

Do not forget to “tend to your inner garden.” Check out the branch’s numerous interest groups. Keep your eye out for emails from AAUW, especially “California Compass,” and follow AAUW, AAUW California, and AAUW Redding Branch on social media.

With cozy autumnal, agricultural wishes, Frances Cole-Boyd

December 2 is Northstate Giving Tuesday!

Last year our branch initiated this endeavor, and it was successful. However, we hope to increase giving this year, especially from non-members. You can help by reposting from our AAUW Redding Branch Facebook page to your Facebook page. Donors may give to either Tech Trek or Local Scholarships (or both!). Tax deductible receipts will be provided. And if you know of a potential donor who does not want to donate online, but wishes to make a contribution by check and receive a tax-deductible receipt, please contact Maureen Chenoweth. We will begin those posts in early November. In the meantime, mark your calendars!



Starry Night of Art & Wine is almost here! If you haven't sold or purchased your tickets, please do so right away. Then bring your family and friends to the North Valley Art League Gallery on **Friday, November 7 from 4 pm to 7:30 pm** for an evening of fun and socializing as you peruse beautiful and striking art/artisan works by your fellow AAUW members. Consider taking this opportunity to purchase gifts for the upcoming holiday season or to refresh your home décor, and don't forget to bid on the something-for-everyone Silent Auction items while you enjoy

delectable appetizers, nonalcoholic beverages, and wine tasting for those 21 and older.

If you are unable to make the Friday night event, you may still view and purchase art/artisan works during regular NVAL hours: Wednesday, Nov 5, through Friday, Nov 7, from 11 am- 4 pm and Saturday, Nov 8, from 11 am - 3 pm.

Remember, your attendance and purchases of art/artisan works and Silent Auction items will support our Scholarship Fund and help women in their quest to achieve their educational dreams, thereby making our world better for all. How wonderful is it that we can each play a part in making that happen? See you at Starry Night!

Nancy Williams, Starry Night Committee Chair

Membership

We have two new members that I want to welcome to our Redding Branch! Please find them, introduce yourself and welcome them to our AAUW Redding Branch.

Julie Hatcher
University of San Francisco
M.S. in Organizational Development (Business)
CSU - Sacramento, BS Business

Donna Joy Boyd
Oklahoma State University - B.S.
California State University, San Bernardino - M.A. Journalism

Remember that you can access our Directory on our website, aauwredding.org

- 1) You must go to the sign in at the top right side, scroll down to Member Portals
- 2) Sign-In with your password (for first timers, you may need to make one up), and then scroll down to Directory.
- 3) Click on that and you will find our complete and up-to-date list of all members.
- 4) This directory can be printed out for your convenience.

Please contact me if you have any membership questions

Public Policy and You

Something important to know!

Your Vote is Your Voice

Amid all the public policy statements from California and National leadership, here is the most important one this month: **VOTE!**

For many of us there are only one or two items on our local ballots for Nov. 4. One cannot claim the issues are too many or too complicated. On the issue of Proposition 50, AAUW California offers a comprehensive Prop 50 and Get Out the Vote (GOTV) guide at <https://www.aauw-ca.org/public-policy/>

We are obligated to be informed voters. Educate yourself, then reach out. Talk to your friends, family, neighbors, and colleagues about the issues. Then vote.

Be heard.

You'll remember that one of our AAUW CA 2025 Public Policy Priorities is "Equal Access to Quality Education for All Students." With that in mind, several Branch members took the opportunity to learn more about local public education and to show our community how we are serious about our education priorities by attending an open house at the Shasta County Office of Education on October 14.

We were offered a comprehensive and engaging tour of all the services SCOE offers. Representatives from every department greeted us with lots of enthusiasm and eagerness to share the purpose and goals of their work. We also introduced ourselves and were able to talk about our interest in and support for local education. We shared about Tech Trek, our Women in STEM Conference, and our scholarships for Shasta College women.

Several of us marveled about how much we learned about early childhood education, at-risk youth, special education, literacy programs, transportation, IT, administrative support for schools, professional development for teachers, and the partnership with Community Connect. I was impressed by the desire to support families along with the students. Even if you've worked with SCOE in your career or as a parent, you likely will be awed by a visit to <https://www.shastacoe.org/>.

A reminder: AAUW CA Public Policy is doing a lot for you! They track bills in our legislature, advocate of legislation important to AAUW's mission, advise on how to take action and have your voice heard, and report it all in an amazing newsletter <https://www.aauw-ca.org/public-policy-committee-policy-news/>.

Sharon Clairmont, Public Policy Chair



Linking together for our mission.

AAUW Redding Upcoming Interest Groups Meetings

Past Presidents

Animated conversations ensued during the October Past Presidents' lunch at Mosaic. Contact Tara to join the fun in November.

Date: Nov. 6, 2025

Time: 11:30 am

Place: Taroko Bar & Grill

1701 Pine St.

RSVP: Tara Swanson

Deadline: Oct. 30, 2025



October 2025 Walking/Hiking Group Schedule

The walking group welcomes all walkers/hikers, new or veteran. We have a variety of walks and walking paces. Join us for camaraderie and conversation. Some of our walks and hikes are on asphalt, some on dirt, some on a combination of surfaces. Contact Sharon Clairemont for more detailed information about length, location and terrain, and please let her know if you plan to join a walk. **Walks start at 8:15 a.m.**

Tuesday Walks:

- 11/4 Blue Gravel Mine Trail (meet at Holiday parking lot at Placer and Buenaventura)
- 11/11 Lema Ranch (Shasta View/Hemingway parking lot)
- 11/18 Sundial Bridge/Turtle Bay
- 11/25 Churn Creek Trail (trailhead at Tidmore Ln., off College View)

Saturday Walks:

- 11/1 River Trail (meet at the Redding Senior Center parking lot)
- 11/8 Clover Creek (parking lot off Shasta View and Venus)
- 11/15 Anderson River Park
- 11/22 Chamise Peak (Don't let the word Peak put you off. This is a rather easy local hike of just under 5 miles round trip. The highlight is a fabulous view of the three Shastas and of the Sacramento Valley). Rain may necessitate a change in location.
- 11/29 Lema Ranch (Shasta View/Hemingway parking lot)



The Turnaway Play

Drama Divas
Wednesday, November 5
1-4 pm

Hostess: Jan Brockett

Join us for our 25th season of play reading & discussion with friends. Drama Divas is open to all AAUW members and you are welcome to join at any time. There is a one-time annual fee of \$11 to cover receiving 10 copies of the new play each month and mailing them on to the next group.

November will find us reading *The Turnaway Play* (which comes from a recent Women's Project, and we are asked to read and comment on it as it involves the controversy about abortion).

Please be sure to rsvp to Jan Brockett as she will have some snacks and beverages for us. Any questions about Drama Divas? Call Tammy Douse.

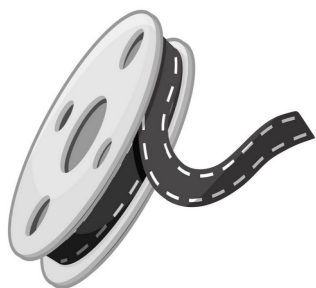
It's a great way to meet & make new friends and enjoy some delightful conversations.

All the best, Tammy

Wine and Brews
Wednesday, November 12,
4:30 pm

Wine and Brews will meet at Ridgetop Cellars in Shasta Lake. Please bring an appetizer to share. This is always a popular place to go.

Contact Nancy Randall to attend.



The Movie Group (Movie Monday)

Monday, November 17 at 5 pm

Market Street Blade & Barrel, 1777 Market St.

We made three selections to discuss in November:

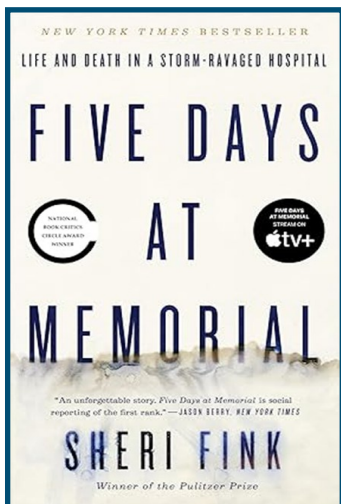
1. **The Lost Bus**, the story of a bus driver getting his bus of students out of the Paradise fire. On Apple

2. **Frankenstein** both the silent version from 1931 and the newest version coming to Netflix on November 7.

3. **Springsteen: Deliver Me from Nowhere**, at theaters beginning October 24

New members or longstanding, all are welcome, including spouses. Sign up (space is limited) by emailing Pam Crowe by Nov. 13.

Those who signed up at the previous month's Movie Monday are already on the list.



Book Group

November 18, 2-4 pm,
Home of Annette Spitsen
Five Days at Memorial by Sheri Fink

After Hurricane Katrina struck and power failed, amid rising floodwaters and heat, exhausted staff at Memorial Medical Center designated certain patients last for rescue. Months later, a doctor and two nurses were arrested and accused of injecting some of those patients with life-ending drugs. *Five Days at Memorial*, the culmination of six years of reporting by Pulitzer Prize winner Sheri Fink, unspools the mystery, bringing us inside a hospital fighting for its life and into the most charged questions in health care: which patients should be prioritized, and can health care professionals ever be excused for hastening death?

Transforming our understanding of human nature in crisis, *Five Days at Memorial* exposes the hidden dilemmas of end-of-life care and reveals how ill-prepared we are for large-scale disasters—and how we can do better.

Discussion lead by Nikki Blum.

Book Section Chair: Dale Ammerman

Travel Interest Group Will Return in January, 2026

November and December travel meetings will not be held due to holidays. While the weather is good, consider short trips to Whiskeytown, Lassen, or Castle Crags. Wonderful places to picnic and hike. January will start off with an exciting presentation from Jay and Terry Theskin of their trips to Costa Rica.



Travel dinner meetings are all held at Karline's Restaurant and start at 5:30. Travel group is open to all members plus spouses/friends are welcome. Reservations are needed for all presentations due to the size of the room.

Travel Chair Judy Bush

Happy
Thanksgiving

Local Businesses that Support AAUW Redding Branch, Inc.

Please patronize these businesses and tell them where you saw their name.

For information about renting a monthly 3" by 3.5" square, Contact Debbie Stokes.

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Linking together for our mission.

AAUW

Advances equity for women and girls through advocacy, education, philanthropy, and research.

To find out how we do this, see our website

www.aauwredding.org