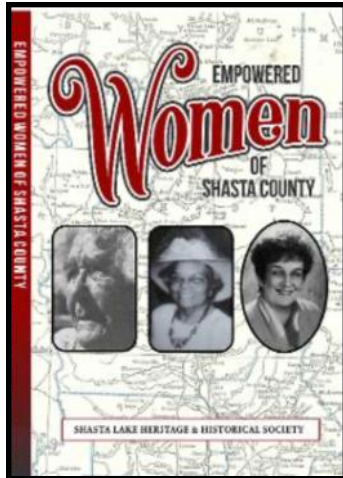


February Branch Meeting

Thursday, February 13, 2025

Community Room, Redding Library at 5:00 pm

Darlene Brown: Empowered Women of Shasta County



Our Redding AAUW branch is full of women who are active in the community and have worked to make Shasta County a better place. On Thursday evening, February 13, Darlene Brown will tell us about many of the strong, determined, resilient women from the 19th and 20th centuries who were groundbreakers in science, teaching, health care, politics, and business. They were women who were not afraid to challenge gender roles and became leaders in Shasta County. The individual stories of 54 women

such as Marie Carr, Edna Eaton, Mabel Frisbie, Isaac Lowe, and Leah McConnell are captured in the Shasta Lake Historical Society's book EMPOWERED WOMEN OF SHASTA COUNTY which reads like a historical novel. If you would like a copy you can find the book at all of our local museums.

Socializing starts at 5:00, dinner and meeting around 5:30.

Please contact Barbara if you have any questions. Please rsvp to Marta Hopkins and encourage your friends to join you!

This timely meeting will celebrate women and Valentine's Day with a delicious catered dinner from Sweetie's Restaurant and a splash of champagne. The cost of the dinner will be \$30, payable by cash, check, or through PayPal (options #7 and #8). Checks made out to AAUW can be mailed to Marta Hopkins.

"The Odd Couple" Buyout at Riverfront Playhouse

Thursday, February 6, 2025

Social: 6:30 pm, Play: 7:30 pm

A comedy by Neil Simon, directed by Sean Sampson: Unger and Madison are at it again. Florence Unger and Olive Madison, that is, in the hilarious contemporary comic classic: the female version of The Odd Couple. Instead of a poker party that begins the original version, Ms. Madison has invited the girls over for an evening of Trivial Pursuit. The Pidgeon sisters have been replaced by the two Constanzuela brothers, but the hilarity remains the same.

The response has been wonderful! There are just a few tickets left.

A few reminders:

- ◆ Please contact Marta Hopkins with the name of the sweet or savory finger food you will share at 6:30 for the Social.
- ◆ It's first come, first serve, open seating, so consider bringing a wrap to mark your seat.
- ◆ All proceeds benefit our Tech Trek program, sending five Shasta County middle school girls to camp at UC Davis next summer, and March 29 Women in STEM Conference.

THANK YOU IN ADVANCE FOR YOUR SUPPORT! Text or email me if you'd like to reserve a ticket (\$35) or help host that evening.

Pris Brutlag, Tech Trek and Riverfront Buyout Chair

A Message from the President



February can be a fickle month. The shortest month can seem the longest when the skies are grey. It can snow this month, or we can bask in 70-degree sunshine, or try to soak up another five inches of rain. Who knows?

Despite that, here are some constants this month:

- We will have another fun and successful spring buyout at Riverfront Playhouse (Feb. 6).
- We will have another great program at our branch meeting (Feb. 13).
- Members are working diligently to make those and other projects a success in the coming months.
- Your help is needed.

This newsletter is full of information about all the projects and meetings our branch is undertaking. Please read it and be “in the know.”

As mentioned above, those organizing upcoming events need your help. Please contact Nancy Overton to find out how you can help with the Women in STEM Conference on March 29. Contact Debbie Stokes to find out how you can assist with the Garden Tour on May 10.

Our branch will host the Inter-Branch Council (IBC) meeting at the McConnell Foundation on March 1. The most important way to help with that is to make a reservation and come enjoy meeting members from other local branches. It is a wonderful way to learn about their activities and how they fundraise, and who doesn't enjoy a meeting and lunch in the McConnell Lema Ranch setting?

On January 23 many of us attended a workshop led by Kern Beare on “Difficult Conversations: The Art and Science of Working Together.” Many thanks to Susan Wilson for coordinating our co-sponsorship with the League of Women Voters and Shasta County Citizens Advocating Respect. If you would like to pursue this topic with more resources, I recommend [Nonviolent Communication: A Language of Life](#) by Marshall Rosenberg and [How to Know a Person](#) by David Brooks.

In the spirit of compassion for each other, let's have another inspiring month.

Sharon, President Redding Branch AAUW

WOMEN OF ACHIEVEMENT APPLICATIONS DUE MARCH 1, 2025

It's that time of year to take a moment to nominate a woman who should be recognized for her achievements on behalf of our branch or our community. As Linda Wright asked us last February, “Who is it that goes the extra mile to support the mission of AAUW or enhances our Community with her good works and stands out as a

Woman of Achievement?”

Please take time to nominate a woman you believe deserves to be honored by our branch as a Woman of Achievement. The nomination form is here in this newsletter.

Application deadline is March 1. Send applications to **Penny Harris**.

Upcoming Board Meetings

February 24, 2025 – 5:00 p.m., Foundation Room, Shasta County Public Library

March 24, 2025 – 5:00 p.m., Foundation Room, Shasta County Public Library

All members are invited to attend board meetings. The agenda will be emailed a week prior to the meeting. If you wish to speak to an item on the agenda, please contact President Sharon Clairemont

AAUW REDDING BRANCH, INC.

WOMAN OF ACHIEVEMENT

Redding Branch AAUW has the option to present two Women of Achievement awards annually. One award goes to an outstanding member of the Branch and the other is given to a woman from the Community at Large.

SELECTION CRITERIA FOR WOMAN OF ACHIEVEMENT

The criteria for the selection of the Woman of Achievement are drawn from the Mission Statement and Image Statement shown below. Your narrative must include the criteria listed below. You may write on the back of this form or add additional pages. The nomination is made for the year 2025 and must be received by March 1.

Nominee's Name _____ Phone Number _____

Recommending Member _____ Phone Number _____

Please mark the category for which the nomination is made: Community _____ or Branch _____

LEADERSHIP: Serves, and/or has served, in leadership positions in the community and/or Branch. (For Branch award only.....has been an active participant for seven years or more).

SELF DEVELOPMENT: Fosters her personal development and furthers her education in a formal and/or informal way.

COMMITMENT TO THE COMMON GOOD: Demonstrates consistent, effective involvement, thereby bringing about positive societal changes.

PERSONAL CHARACTERISTICS: Exemplifies qualities, including friendship, that make her a role model for others.

AAUW MISSION STATEMENT

AAUW advances equity for women and girls through advocacy, education, philanthropy and research.

CALIFORNIA AAUW IMAGE STATEMENT

*AAUW is California's most active and diverse organization for women offering: Action for Equity, Community, Leadership, Personal and Professional Growth *Friendships.**

As in the past, only written nominations submitted during the current year will be considered. Nominations for candidates not selected this year will be returned to the recommending member. Branch members are invited to resubmit candidates' names with updated information.

Please return this completed form to Penny Harris (see contact sheet).



AAUW REDDING BRANCH, INC.

2025 NAMED GIFT HONOREE NOMINATION

Please consider nominating that “special” branch member whose contributions to AAUW goals and ideals would make her a candidate for this great honor.

Nominations are due by February 28, 2025

Nominee: _____

1. Branch experience of nominee:

2. Has nominee actively participated in Branch for three years or more?

Yes _____ No _____

3. Has nominee been a leader in the branch serving in elected positions and chairing committees?

4. Has the nominee been active contributing at a community level?

5. How does the nominee represent and exemplify the ideals of AAUW as defined in our mission statement and the AAUW image statement?

Submitted by: _____

Mail or email nomination form to:

Suzannah Gerlach, AAUW Fund Vice President



Upcoming Branch Meetings

February 13, 2025 – 5:30 p.m., Community Room, Shasta County Public Library, with Darlene Brown, editor of “Empowered Women of Shasta County.”

March 1, 2025 – 11:30 a.m., Inter-Branch Council, at McConnell Foundation.

April 10, 2025 – 5:30 p.m., Community Room, Shasta County Public Library, North State “Building Bridges” initiative, United Way.

May 15, 2025 – 5:30 p.m., Community Room, Shasta County Public Library, “Women of Achievement” branch and community awards, introduction of college scholarship recipients and Tech Trek campership awardees.



STEM Conference

Women in STEM Conference

Time to step forward to help make the Women in STEM Conference on March 29 at Shasta High School another successful event for middle school girls!

Please let us know which of the volunteer position(s) on March 29 you would like to be assigned:

Campus Logistics	7:00 - 10:00 am	2:00 - 3:30 pm
Volunteer Registration & Hospitality	7:00 - 10:00 am	10:00 am - 1 pm 1 pm - 3:00 pm
Registration	7:30 - 9:15 am	
Cafeteria Hospitality	7:30 - 9:30 am	and 11:00 - 2:00 pm
Interactive Stations	7:30 - 9:15 am	and 11:30 - 1:30 pm
Famous Women in STEM	7:30 - 9:15 am	and 11:30 - 1:30 pm
Breakout Session Classrooms	9:15 - 2:30 pm	

Breakfast Snacks and Lunch will be available for volunteers. Please advise of any dietary needs.

Please contact STEM Chair Nancy Overton at AAUWReddingstem@gmail.com or by text Look for our sign-up event at the February branch monthly meeting!

Nancy Overton, AAUW STEM Chair, 2025 Women in STEM Conference, AAUW Redding

Help Us Reach Scholarship Applicants

The AAUW scholarship application period started January 3 ,2025 and we need your help to get the word out to potential applicants . Women applicants need to have finished two years of study at Shasta Community College and be entering a four year institution or equivalent certificate program such as Ultrasound Technician, Nursing , or Respiratory Therapy. Awards are from \$1000 to \$5000.

Last year's applicants all learned about the scholarship from their professors or flyers at Shasta College . If you have contacts with professors or folks who have contact with students at Shasta College it would be very helpful if you could send them an email or make a call asking them to encourage eligible women to apply . Please notify the education committee and we will be happy to follow up. If you know women who are transferring from Shasta College please encourage them to apply. The application is available on the Redding AAUW website and on the external scholarship page for Shasta College.

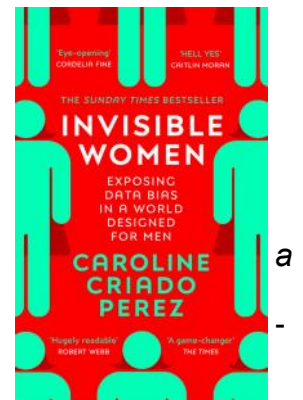
Donna Holscher, Chair, Scholarship Committee

Women's Issues Interest Group

February 11' 5:30 pm

at Marta Hopkin's

In January, the group discussed Chapter 5: The Henry Higgins Effect and Chapter 6: Being Worth Less Than a Shoe from *Invisible Women: Data Bias In World Designed for Men* by Caroline Criado Perez. In February, the discussion will be focused on Chapter 7: The Plough Hypothesis, Chapter 8: One-Size-Fits Men, and Chapter 9: A Sea of Dudes. Please let Marta know by February 4 if you will be able to attend. Everyone is welcome. Two people to provide snacks are needed.



PUBLIC POLICY-DIVERSITY, EQUITY and INCLUSION

Public Policy Quiz (Answers at the April Branch Meeting)

How many AAUW CA Public Policy Priority focus areas are there?__

The policies focus on...

Economic _____

Increased Representation of Women in _____ Roles

Quality Public _____

Social and _____ Justice for all

3. These Public Policies are updated every ___years with input from CA AAUW _____.

4. One goal of the AAUW CA Public Policy program is to inform our _____ priorities during Lobby Days.

For more information about Lobby Days 2025, see the article [HERE](#). If you are interested in participating, please complete **BOTH** of the following steps:

Step 1 - Register for the Lobby Days event by February 21st. Register for Lobby Days [HERE](#).

Step 2 - Register for the mandatory training which will be held on Monday, March 31, 7-8 pm Pacific. Register for the training webinar [HERE](#).

We hope that you will join us in this act of advocacy to promote our legislative priorities and advance our values.

5. Would you like to join our Lobby Team and car pool to Sacramento April 8th?___ Let me know.

DEI February Holidays

This is the month to reflect on Black History.

If you haven't seen Tyler Perry's "The Six Triple Eight" on Netflix or You Tube, give it a watch. I don't think you'll be disappointed. It's a history based film about the all black women's army corps' unit sent to Europe during WWII under the command of tough, very capable Captain Charity Adams, played by Kerry Washington.



How many black women in science can you name? How about Mae Jamison? She is the 1st African American woman in space. The Karina Perez drawing shown here of Mae Jamison is one of the posters that will be displayed at our March 29th STEM Conference for North State Middle School Girls. Go STEM Girls!

Feb.11 is International Day of Women and Girls in Science.

Feb. 12 & 15 are the Buddhist Holidays of Masha Puja and Nirvana while

Feb. 13 & 26 are Hindu and Muslim days of observance.

Here's to an Inclusive and Diverse February.

Penny Harris, Public Policy, Diversity, Equity and Inclusion Chair

Garden Tour Meeting
2nd Official Meeting of the AAUW Garden Tour Committee
February 13, 3:00 pm
Community Room of the Redding Library



The second meeting of the Garden Tour Committee will be just before the Branch meeting in the Community Room of the Library. We will be reporting on progress with the Ticket Brochure, distribution and sale of the brochures, publicity, plans for serving refreshments and progress in getting volunteers for the day of the tour. If you are interested in volunteering in a garden email or call Judy Bush. If you would like to help with refreshments email or call Marta Hopkins. We will take sign ups for cookies and/or other refreshments by Feb. 13.

Reminder: The garden tour will be May 10, the Saturday before Mother's Day. Mark it on your calendar.

Debbie Stokes, Chair

**AAUW February Past Presidents
First Thursday Monthly Luncheon**

Date: February 6, 2025
Time: 11:30 am
Place: Lulu's Eating and
Drinking Establishment
2230 Pine Street
Redding, CA 96001
RSVP: Tara Swanson
Deadline: February 4, 2025



Wine and Brews
Wednesday,
February 12, 4:30pm
Ridgetop Cellars in
Shasta Lake

Please bring an appetizer to share.
You can RSVP to Nancy Randall by
Monday, February 10 to attend.

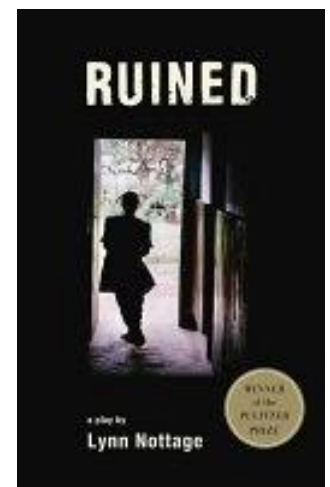


Drama Divas
Wednesday, February 5, 1-4 pm
Hostess: Shirley Ramstrom

Please rsvp to Shirley & Tammy so we know how many to plan for. We will be reading Ruined by Lynn Nottage. It explores the plight of women during the Civil War in the Democratic Republic of Congo. It was performed at the Shakespeare Festival in Oregon in 2010.

This group is open to all AAUW members and new members are welcome to join us. This is our 24th season of play reading and I will have 10 copies of the play for us to read from. It is a lot of fun and a great way to share time with other members in a small setting. Contact Tammy Douse if you have any questions or would like to join us.

Save the date: 3/5/25 at Diane Madgic's.



Scrabble at Holiday Market Placer St., Community Room 1:00 Jan. 31

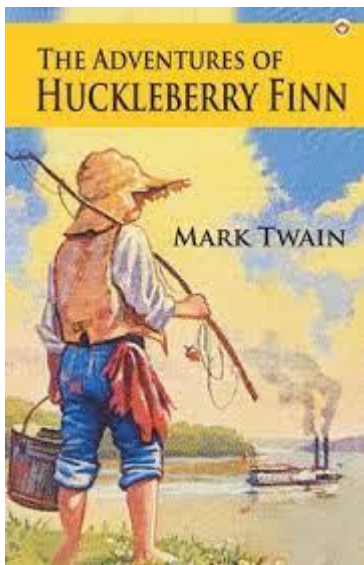
New member

it



We've met here a couple of times and has worked out. Hope to see many of you!!

- Let Patty Mullett 530-945-7287 know if you're able to join us,



February Book Section

February 18, 2:00 pm

Huckleberry Finn by Mark Twain

Adventures of Huckleberry Finn is a novel by Mark Twain commonly named among the Great American Novels. The novel's preeminence derives from its wonderfully imaginative re-creation of boyhood adventures along the Mississippi River, its inspired characterization, the author's remarkable ear for dialogue, and the book's understated development of serious underlying themes: "natural" man versus "civilized" society, the evils of slavery, the innate value and dignity of human beings, and other topics. Most of all, Huckleberry Finn is a wonderful story, filled with high adventure and unforgettable characters.

Host: Annette Spitsen, Leader: Carolyn Chandler

****We will be collecting money for our Stem Conference baskets. Please consider donating if you haven't already done so. Last year we collected enough for 3 baskets. The girls loved them.

**AAUW Redding Garden Tour
Saturday, May 10, 2025,
the day before Mothers Day**



February 2025 Walking Group Schedule

All walks begin at 8:15 am. If you are interested in any walks, please contact Frances Cole-Boyd at (530) 228-5892 or fdcoleboyd@gmail.com

Tuesday Walks:

2/4 Lema Ranch (Shasta View/Hemingway parking)

2/11 Sundial Bridge

2/18 Churn Creek Trail (meet at Lema Ranch Shasta View/Hemingway parking)

2/25 Anderson River Park

Saturday Walks:

2/1 Clover Creek Preserve (parking lot at Shasta View & Venus)

2/8 Snowshoeing at Lassen (meet at Macy's westside parking *Photo by Frances Cole-Boyd* lot)

(If there is inclement weather, we will meet at Clover Creek Preserve.)

2/15 Blue Gravel Mine Trail (meet at Holiday Parking lot near Burrito Bandito at Placer & Buenaventura) This trail does include uphill climbs on the way back.

2/22 Snowshoeing at Lassen (meet at Macy's westside parking lot)
(If snowshoed on the 8th, we will meet at the Senior Center.)



Travel Group Wednesday, February 26, 5:30pm Karline's Restaurant Reservations Needed

Presenters, Greg and Andi Winters, will share their love of cruising and being on the water, while traveling to faraway places. Their love of the water started as children with the Mariners and Sea Scouts. One of their favorite ways to travel to places around the world is by cruising. The time spent on the water is just as much fun to them as the tours they do on land.

Their presentation will be about their cruises to Australia, New Zealand and the South Pacific Islands along with the land and driving tour they took around eastern Australia last year. Find out why they like the Holland America cruise lines with its multiple shore excursions. Hopefully they will share who "Rosie" is.

If you are interested in presenting a trip or you know of someone who might like to share a trip with our travel group, please contact me. I am always looking for new presenters.

Travel dinner meetings are all held at Karline's Restaurant and start at 5:30. Travel group is open to all members plus spouses/friends are welcome.

For reservations, please contact: Travel Leader: Judy Bush

Local Businesses that Support AAUW Redding Branch, Inc.

Please patronize these businesses and tell them where you saw their name.

For information about renting a monthly 3" by 3.5" square, Contact Jean King.



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AAUW

Advances equity for women and girls through advocacy, education, philanthropy, and research.

To find out how we do this, see our website

www.aauwredding.org