



Redding Inc. (CA) Branch

REDDING REFLECTIONS

BEDDING REFLECTIONS

President
Sharon Clairemont

AAUW REDDING BRANCH, Inc. (www.aauwredding.org)
November 2024

Editor
Andi Winters

The background of the event poster is a reproduction of J.M.W. Turner's painting 'Rain, Steam, and Great Bridges', which is a variation of 'The Great Western Railway'. It features a dense, swirling pattern of blue and yellow-green colors, creating a sense of movement and depth.

STARRY NIGHT
of Art and Wine
Art Sales | Wine Tasting
Silent Auction | Appetizers
November 1, 2024
4:00-7:30PM
NVAL | 48 Quartz Hill Road, Redding
Tickets: \$40
*American Association of
University Women Redding
Net Proceeds Support Local
AAUW Educational Scholarships*

A square QR code is located in the bottom right corner of the poster, providing a digital link to the event information.

Get your tickets now on our website's Payments page or at
<https://aauwredding.org/activities-special-events/starry-night-of-art-and-wine/>

A Message from the President



You have made some significant investments this year. Your first portfolio includes Cassidy, Megan, Tyler and Sosie who opened a new quarter in their lives this September because of the scholarships you funded. You'll be getting an interim report when the Education Committee checks in with them at their colleges in January and we have every confidence your portfolio will have grown in value.

You heard a report on your second portfolio at our October Branch meeting. I think you'll agree that your \$5,500 investment was well spent. As the Tech Trek girls warmed up to us, they confessed to having grown a lot, are willing to return as junior counselors, and have college futures in mind thanks to their week on the UC Davis campus. Your investment has broadened their minds

and expanded their futures.

Now you can invest again and have fun doing it! Our Starry Night of Art & Wine on Nov. 1 is designated to fund local scholarships that we will award to Shasta College students in April. Starry Night is a major fundraiser for this cause. We want to assist as many young women as possible as they reach for the next step in their college educations. Please be a big investor! Buy your tickets, and some art!

Those of you who missed hearing from our Tech Trek girls at the October meeting also missed an engaging and lively session with Superintendent Josh Hoines from Whiskeytown NRA. We enjoyed hearing some history, some present-day realities and exciting new plans. Thank you to all who took photos at the meeting! Check out our Facebook page.

Some special thanks:

I want to thank Sally Wallman, immediate-past Tech Trek Coordinator, whose dedication made this an exceptional year for our Tech Trek project. Sally worked tirelessly to identify a middle school that wanted to work with us, and then coaxed, encouraged, advised and mentored five girls with unflagging compassion and empathy so that our Branch could offer an experience these girls would otherwise never have.

Our Treasurer, Lana Hill worked diligently with her committee to develop our 2024-2025 budget. This is a challenging endeavor that requires input from and collaboration with the entire board. The budget is one of our most important guiding documents for the year. Lana completed it while also working out our new opportunity to work with the state's Special Projects Fund which enables you to make tax deductible donations to our scholarship and Tech Trek funds.

Maureen Chenoweth, our VP for Fundraising, has made it possible for us to use a new fundraising tool. We are now a Giving Tuesday participant! Maureen worked through all the steps required by the Community Foundation and now AAUW Redding will have a presence on the Giving Tuesday site. Look for us there beginning Nov. 19 (an early opportunity before Dec. 3). Please tell your friends!

Spend some time with the rest of this newsletter to find out what other dynamic women like Nancy Williams, Debbie Stokes, Nancy Overton and all our interest group leaders are doing. Our Branch is a special group of women, and I appreciate all of you.

In gratitude,
Sharon Clairemont, Redding Branch President

There will not be a Branch meeting this month as we are all excited to go to the Starry Night Art Show and Wine Tasting Party on Friday, November 1st from 4:00-7:30.

We're going to have another amazing Starry Night!

Please join us for our annual AAUW Scholarship Fundraiser: Starry Night of Art & Wine!



What: Artwork available for sale by our very own AAUW artists, wine tasting offered by local wineries, non-alcoholic beverages and appetizers to delight your palate, and a silent auction of items to surprise and delight!

Where: North Valley Art League, 48 Quartz Hill Road, Redding

When: Friday, November 1 from 4 pm – 7:30 pm. If you are unable to make it to the event, you may still view and purchase artwork on October 31 from 11 am – 4 pm, and on November 1 and November 2 from 11 am – 3 pm.

Why: Providing educational scholarships for women is one of our Branch's main missions and 100% of net proceeds from this event will support our scholarship program. Because of your generous support last year, our Branch was able to award four deserving young woman scholarships to Cal Poly University, Humboldt; CSU Chico; UCLA; and Simpson University.

How: Tickets are \$40 each and may be purchased on the Payment Page of our website. Then bring your family and friends and enjoy an evening of socializing while perhaps also taking this opportunity to update your décor or to find the perfect gift for the upcoming holiday season.

Note that this event takes the place of our November Branch Meeting, so your Starry Night Committee hopes to see each of you there!

Nancy Williams, Starry Night Committee Chair



Save the Date December 14 Holiday Brunch

The AAUW December holiday brunch will be held on December 14 from 11:30-1:30 in the community room of the Redding Library. Please bring a brunch food to share. Our table theme this year will be The Twelve Days of Winter (based on The Twelve Days of Christmas song). Please let Barbara Enochian know if you would like to host a table. This would mean creating your own unique lyrics for the song (six Santas sledding, four menorahs burning, eight dreidels spinning, two reindeer dancing...) and decorating a table accordingly. Thanks in advance for your participation.

Giving Tuesday is Almost Here! Begins November 19

This year is the first year that AAUW Redding will participate in Giving Tuesday. As a reminder, this is part of our fundraising plan for this year. We will be asking donors to consider both Tech Trek and Local Scholarships. All donors will receive a tax-deductible receipt as we are running both programs through AAUW California's SPF fund.

How can you help? **On November 19**, the website will be ready to receive donations and will continue to receive donations through December 3. During this time period, we will be sending out Facebook and Instagram posts to encourage donations.

Please share these posts on your personal Facebook page (and Instagram if you use it). The more that our members share these posts, the more that community members will become aware of our campaign, which in turn will increase donations. Thank you for your help!

Questions? Feel free to email me or give me a call!

Maureen Chenoweth, Fundraising Chair

AAUW Redding Garden Tour- *Keep Saving the Date-* Saturday, May 10, 2025, the day before Mother's Day



The planning for the Garden Tour is coming along expeditiously. We now have four stupendous private gardens and two easily accessible, informational public gardens.

We already have several stalwart volunteers. Judy Bush has graciously volunteered to secure people to work on the day of the tour. Joann Roskoski will send out public service announcements and contact radio stations and possibly TV stations for interviews and/or other forms of free publicity. Alison Krupit will lend her considerable accounting skills to the treasurer's duties. Marta Hopkins and Sharon Salpas have served on the selection committee for the gardens. Maureen Chenowith has been exceptionally supportive as the fundraising chair. Mari Ennis-Applegate will be in charge for most of April while several of us travel to France. Linda Wright will contribute her technological and writing skills to making up the brochures.

We will begin formal meetings in January. In the meantime we have a couple of special requests for jobs that must be completed in the next few months. Linda would like help making up the brochure. I plan on securing most of the ads that will go into the brochure. The best way to solicit ads is through personal contacts. I am especially interested in making contact with businesses directly related to gardening, such as landscapers, garden suppliers and of course sellers of gnomes and fairies for the garden. Also our usual supporters will be hit up yet again unless you let me know that they have sworn vengeance on yet another solicitation. Seriously if you know of a great contact, please let me know. There are many other jobs related to the tour. I have broken some of them down into categories according to my own judgement.

Kinda Fun:

Serving tea, coffee and cookies (you should be able to indulge as much as you want)
Designing Posters (maybe Monet's Garden as a back drop)
Arranging for artists to paint Plein Air in the gardens

Medium Tedious:

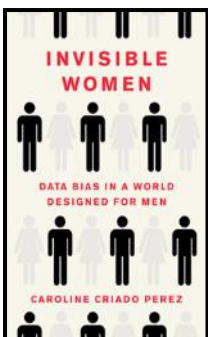
Putting out directional signs
Distributing posters

Important But Not Exciting:

Mailing brochures
Writing thank you cards

I am sure there are others, especially the tedious and mundane that I have forgotten but I hope that I have indulged in enough hyperbole, cliches and excessively cute statements to get your attention.

Debbie Stokes, Chair



Women's Issues Group Tuesday, November 12 at 5:30 pm

The group will meet at Marta Hopkins' home. This year we will be reading and discussing Invisible Women: Data Bias In a World Designed for Men by Caroline Criado Perez. This is also the June book group book. The book is available from local, woman-owned Shop Around the Corner Books (call first and she will order it for you), in addition to Amazon and Barnes & Noble.

For the November 12 meeting, we will discuss chapters 1-2 (Part I: Daily Life).

Please let Marta know by November 8 if you will be attending and if you would like to bring a snack to share. Two snack volunteers are requested. If you need transportation, please contact Frances Cole-Boyd.

Past Presidents

First Thursday Monthly Luncheon will be November 7, 11:30 am
Thai House Restaurant, 2772 Churn Creek Road, Redding. Please
RSVP Tara Swanson by November 5.



The Redding Branch Past Presidents Met at the Monthly Luncheon on October 3 at Corbetts.

Upcoming Board Meetings November 18

We meet at 5:00 pm in the Foundation Room at the Shasta County Public Library.

All members are welcome to attend Board Meetings. The agenda will be emailed one week prior to each meeting.

If you wish to speak to an agenda item at the meeting, please contact President Sharon Clairemont.

PUBLIC POLICY, DIVERSITY, EQUITY and INCLUSION

First, Public Policy:

Most likely you have voted by the time you read this. Thank you.

There may still be time however, to check with the eligible voters in your family and among your friends. Have they voted? Ask them to consider our member-approved priorities when voting. In brief our member approved priorities that guide our work are: 1. Economic Security for All Women, 2. Equal Access to Quality Public Education for All Students, 3. Social and Racial Justice for All Members of Society and 4. Increased Representation of Women in Leadership Roles.

This month we will each be able to suggest changes or additions to these policies as AAUW CA will be sending a Public Policy Priority survey to your email soon.

Secondly, Diversity, Equity and Inclusion or DEI:

Now is a good time to take a look at AAUW's national website to see our "Latina Initiative." You can find it under "Research and Data" on the home page.

Some current stats from AAUW's research:

Thirty million Latinas are currently working in the US giving our economy vital support but many see little return for their work.

In 2019, all Latinos contributed 2.6 trillion to our economy yet Latinas continue to earn 55 cents for every dollar earned by white, non-Hispanic men.

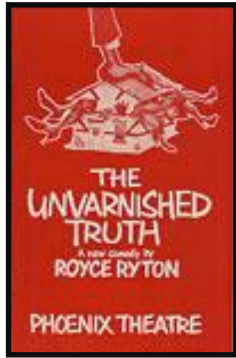
AAUW stands ready to serve as a resource to address the challenges facing Latinas. You can see AAUW's policy recommendations based on this research and also meet AAUW grant awardees of Hispanic origin at the end of the research, "Latina Initiative."

Lastly, in case you missed this news, the Nobel Peace Prize was recently awarded to Nihon Hidankyo, a grassroots movement established in 1956 by Japanese atomic bomb survivors to warn all countries of the danger of nuclear weapons and urge that they not be used.

Let's continue to learn from each other.

Happy Thanksgiving!

Penny Harris
Public Policy, Diversity, Equity and Inclusion Chair



Drama Divas

Wednesday November 6, 1-4 p.m.

Hostess: Tammy Douse

Play: *The Unvarnished Truth* by Royce Ryton (1978) is a British Comedy/Drama (farce). Join us for a fun afternoon reading this play. Be sure to rsvp if you can attend.

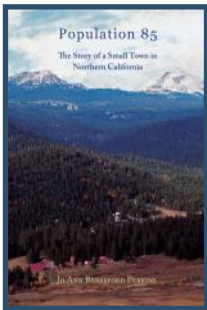
In October we read *The Diary of Anne Frank* which led to a lively discussion. Drama Divas is open to all AAUW members and there is a small annual fee to help cover the cost of postage to send the plays onto the next

Branch. It is a fun experience holding the actual playbook and reading from it. We have 10 copies of each play so everyone can read. Join us for our 24th season of drama!

November Book Section Reviewing Two Books

November 19, 2:00 pm

Population 85 by Jo Ann Beresford Perkins



The small Tehama County resort town of Mineral, California, is more than just a "wide spot in the road." It's the gateway to Lassen Volcanic National Park and various recreational activities in the nearby national forest.

Learn how Mineral grew from a small store in the 1800s into a full-fledged resort with cabins, motels, gift shop, restaurant, golf course, swimming pool, and ski run. Discover its earliest inhabitants, the Yahi Indians, and the first emigrant settlers as well as some of the colorful characters who later called Mineral their home.

Jo Ann Perkins grew up in Mineral where her parents owned and operated the Mineral Lodge for sixty years. She shares her memories in this delightful book.

Discussion Leaders: Barbara Cross and Gail O'Brien

and *Empowered Women of Shasta County*

Compiled by the Anderson and Shasta Lake Historical Society

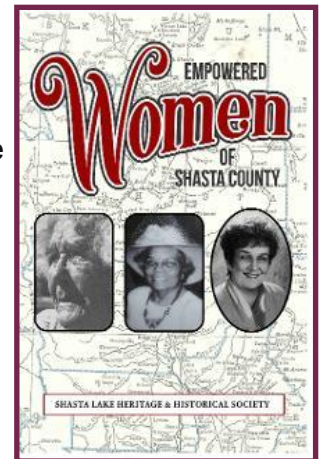
What was life like in Shasta County for women in the 19th and 20th century? Shasta County was home to women who accomplished remarkable things, be they big or small. They were empowered women: strong, determined, and resilient. Despite facing social and cultural challenges, their contributions ranged from field paleontology to rodeo bronc busting. They opened new avenues for women in science, teaching, health care, politics, and business. This book is a compilation of articles written by local women, including our own Debbie Stokes.

Discussion Leader: Debbie Stokes

Location: Hilltop Springs Senior Living in the Library

Hosted by Barbara Cross and Gail O'Brien

If you are interested in attending please contact Frances Cole-Boyd by November 10.



Left: At our October Branch meeting the 2024 Tech Trek girls shared their experience from this summer.

Right: Josh Hoines, Whiskeytown NRA Superintendent shared his experiences



Photos by Barbara Enochian

The Walking Group

November 2024 Schedule

Walks begin at 8:00 am. Please let Frances know if you will be joining a walk.

Tuesday Walks:

- 11/5 Hornbeck Trail (Meet at Raley's on Lake Blvd.)
- 11/12 Anderson River Park
- 11/19 Lema Ranch (Shasta View/Hemingway parking)
- 11/26 Sundial Bridge

Saturday Walks:

- 11/2 Clover Creek Preserve (parking lot at Shasta View & Venus)
- 11/9 Churn Creek Trail (Meet at trailhead on Tidmore, off of College View)
- 11/16 **Ten Bridges, with potluck brunch afterward (meet at the Chenoweths')**
- 11/23 Kum Bay Xerel (take the Knighton Road exit off of I-5)
- 11/30 Senior Center (2290 Benton Dr.)



Photo by Frances Cole-Boyd

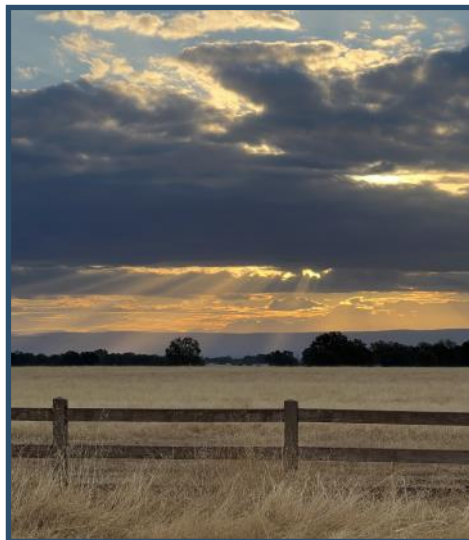


Wine and Brews

Wednesday, November 13, 4:30 pm

We will meet at Anthony's Mediterranean Cuisine on California St. They have good wine and beer selections along with tasty happy hour fare.

Please reply to Nancy Randall by Monday, November 11 to attend.



*Stillwater Business Park Road.
Photo by Andi Winters*

Travel Interest Group

Travel will not be meeting during the months of November and December. Travel will return on January 22 with a presentation from Alison Krupit who will present her trip to the Galapagos Islands that she took a few months ago. Alison's lively presentation is guaranteed to entertain you with amazing pictures of wildlife on land. Plus, she will share her underwater pictures she took while snorkeling.

November is a fabulous month to travel around the North State. Consider a trip north to see the Fall colors through the Sacramento canyon up to Dunsmuir. Stay the night in the Railroad Park Resort and Dining Car Restaurant. McCloud is also a lovely spot to head to. Stay at the old hotel and hike the waterfalls of the McCloud River.

Travel is open to all members. If you would like to share a trip with the travel group, please contact Judy Bush, Travel Leader.

Local Businesses that Support AAUW Redding Branch, Inc.

Please patronize these businesses and tell them where you saw their name.

For information about renting a monthly 3" by 3.5" square, Contact Jean King.



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AAUW

Advances equity for women and girls through advocacy, education, philanthropy, and research.

To find out how we do this, see our website

www.aauwredding.org