

**AAUW Presents WOMEN in STEM Conference**  
(Science, Technology, Engineering and Mathematics)  
**Saturday March 18, 2023**  
**8:30 AM to 2:30 PM**  
**Shasta College**



The Women in STEM Conference replaces the March general meeting. Here's how to help:

- **Volunteer** on the day of the event - contact Gail Paulsen and let her know how you can help.
- **Donate to Conference Costs** - go to the [AAUW Women in STEM page](#) and click on the Donate button.
- **Donate a Gift Basket** - contact Anne Prielipp. Gift baskets are used at the end of the event to encourage participants to complete survey forms. The information from the surveys is critical for improving the Conference.

The conference costs \$30 per student or adult and includes a continental breakfast and lunch. Our keynote speaker will be Lea Tate, a Redding psychologist and president of the California Board of Psychology.

## President's Message Spring, Spring, Beautiful Spring!

Days are getting longer, sap is starting to flow, trees are leafing out. I find myself stopping to take a deep breath and look around gratefully at these signs of spring before continuing on with a—yes—*spring* in my step!

The Interbranch Council luncheon is behind us—getting to know AAUW members from other branches was reaffirming: we are *strong* women sharing the commitment to empower women and girls. Kudos to Lana and all the IBC members for this rich event. Lynn Fritz, our guest speaker (now member of our Branch!!), provided an important lens through which we which we can measure our commitment to empowering *all* women. She shared data that document the stunning issue that has become the MMIW (Missing and Murdered Indigenous Women) movement. For more information, go to <https://mmiwusa.org/>.



It's full court press for the Women in STEM Conference on March 18! The STEM Committee really have done a marvelous job, with amazing collaboration and support from the college, other branches, and SCOE. Registrations are coming in fast! Give Gail Paulsen a call if you can spare even a couple of hours.

Education Chair Sharon Clairemont is gearing up to review scholarship applications. See page 7 to learn how you can help with the scholarship fundraiser buyout.

I hope you have marked your calendars for the Annual Meeting on April 13. We will elect officers for the coming year, consider any amendments to our governing documents, and find out who is the AAUW Fund Named Gift Honoree! A little birdie told me that Debbie Johnson has other interesting things in mind for that meeting, TBA.



Lastly, you will want to see the Shasta Historical Society's exhibit, "Her Side of the Story: Tales of CA Pioneer Women and Shasta County Women of Influence." AAUW members and Community Women of Achievement are among those included in the exhibit.

**Mari Ennis-Applegate**  
**President 2022-2023**

### Next Board Meetings

All Board Meetings will be at 5:30 pm  
at the Community Room,  
Redding Library, 1100 Parkview Ave.

**Monday, Feb. 27**

**Monday, March 27**

**Monday, April 24**

All members are welcome to attend Board Meetings. The agenda will be emailed one week prior to each meeting.

If you wish to speak to an agenda item at the meeting, please contact  
President Mari Ennis-Applegate.

### AAUW Oroville Tech Trek Fundraiser Saturday, March 11

Women's History Tea and  
Luncheon

Guest Speaker:

Priscilla Burns

Family and Consumer Science

Contact [almashort@comcast.net](mailto:almashort@comcast.net)  
for tickets (\$25)





## WOMEN OF ACHIEVEMENT APPLICATIONS DUE MARCH 1

It is that time of year to nominate that special woman in our Branch and that special woman in our community who stand out as a Woman of Achievement.

Please take time to nominate that extraordinary woman who should be recognized for her achievements either on behalf of the Branch or on behalf of the community. Who is it that goes the extra mile to support the mission of AAUW or enhances our community with her good works?

This is our Branch's opportunity to recognize and thank those women who demonstrate those ideals. Please take time to consider nominating someone you believe deserves this honor. The nomination form is part of this newsletter (SEE PAGE 8).

**Application deadline is March 1.**

Send applications to:  
**Sharon Salpas**



### NEWEST MEMBERS AND CHANGES IN CONTACT INFORMATION

- Please seek out and say hello to New Members:  
Lynn Fritz  
Karen Ramstrom  
Jan Scanlin
- Frances Cole-Boyd has a new address.
- Debbie Stokes no longer has a land line. Use her cell number only.

For contact information, see page 10.

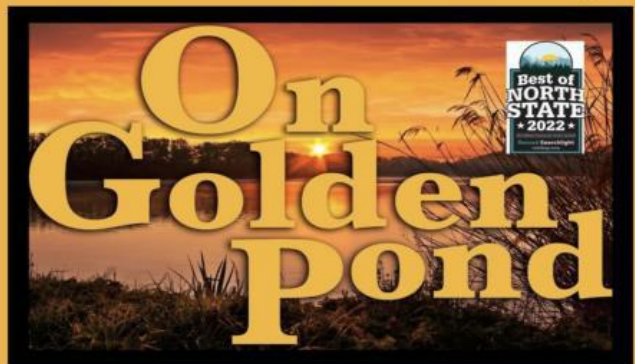
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**The AAUW Education Committee  
is hosting a Riverfront Playhouse  
Buyout. Join us at the theater  
to see On Golden Pond  
on Thursday, March 23, 2023  
at 7:30 pm. Tickets are \$25.00.  
Refreshments will be served.  
Proceeds fund AAUW Scholarships.**



## AAUW Walking/Hiking Group

Walkers check in prior to each walk to let each other know who is coming (so we don't leave without anyone). We also check in to see if we need to cancel a walk due to weather.

### Tuesday Walks (8:00 am meeting time, unless otherwise noted):

- 3/7 Senior Center
- 3/14 Churn Creek Trail (NOTE: we'll park at Lema Ranch – Shasta View/Hemingway parking lot)
- 3/21 Lema Ranch (Shasta View/Hemingway parking lot)
- 3/28 **(10:00 am meet time)** Sundial Bridge Senior Center

### Saturday Walks (8:00 am meeting time, unless otherwise noted):

- 3/4 Lema Ranch (Shasta View/Hemingway parking lot)
- 3/11 Clover Creek Preserve
- 3/18 **(10:00 am meet time)** Churn Creek Trail (NOTE: we'll park at Lema Ranch – Shasta View/Hemingway parking lot)
- 3/25 Anderson River Park

Frances Cole-Boyd, Chair



### Wine and Brews Vintage Public House

**Wednesday,  
March 15, 4:30 pm**

Please join us at the  
Vintage Public House,  
1790 Market Street.  
They have a range of  
Signature Craft

Cocktails, Beers, and Wines. They also have all kinds of delicious starters, salads, and entrees. We will be meeting in their back room. Let Sharon know you're coming!

**RSVP by March 8. Info on Contact Page.**

**Sharon Salpas and Andi Winters, Co-Chairs**

## Scholarships Available!

Do you know any Shasta College students planning to attend a four-year college in the fall? Please let them know about our branch scholarships. Information about the scholarships and instructions for applying can be found here:

<https://shastacollege.academicworks.com/>

Our scholarships are the culmination of all our branch members' hard work on fundraisers and generous donations of money and time. They support the women of our community who are striving to achieve their education and career goals. Let's help make sure the scholarships are awarded this year by spreading the word about their availability.



**Sharon Clairemont, Education Chair**



## PUBLIC POLICY: INTIMATE PARTNER VIOLENCE (DOMESTIC VIOLENCE)

Domestic violence is a worldwide issue affecting women and men in every corner of the globe:

- According to the World Health Organization, 1 in 3 women will experience physical and/or sexual abuse by a partner in their lifetime.
- In the United States 1 in 4 women (24.3%) and 1 in 7 men (13.8%) aged 18 years and older have been the victim of severe physical violence by an intimate partner in their lifetime.
- California sees higher rates than the national average with 32.9 percent of women and 27.3 percent of men experiencing intimate partner violence in their lifetimes.
- And bringing it closer to home, two problems stand out as a growing crisis: adverse child experiences (ACE) scores that are significantly higher than the state average and domestic violence rates nearly twice that of the state.

AAUW has been involved in the issue of domestic violence in Shasta County for years. In the 1970's, community activist Gretchen Peterson offered her home as the first safe house in Shasta County. In 1978, AAUW recognized Mrs. Peterson's efforts and collaborated with her to make it official. The following year, the Shasta Women's Refuge (SWR) was formed and served as the first domestic violence crisis intervention program in Shasta County. For several years, Mrs. Peterson's home was used to shelter women and children. In 1982, a local home, later known as Peterson House, was converted into a communal-style shelter to help thousands of women, children, and men break the cycle of violence in their families. In 2015, SWR partnered with the Family Justice Center to become One Safe Place (OSP). Now, OSP is working very closely with the Child Legacy Center which focuses on child abuse.

I asked Penny Mossman at One Safe Place to give me some local information about the population at OSP. The program treats the issue of intimate partner violence between adults and manages about 300 calls per month and about 450 visits per month at the main office on Benton Drive. Referrals come from 911, from law enforcement, from walk-ins, from the local hospitals and through the crisis hot line.

The second floor of the building serves as the protected shelter for women and serves about 18 women a month for a total average of 640 bed nights. The average length of stay is 30 to 45 days.

The program offers a variety of services including legal services for orders, accompaniment to court, transitional housing support, emotional support, crisis intervention, peer counseling and advocacy, support groups, referrals to local agencies and more. I have been involved for the last few years in their Discovery Program which provides support and training to women who are not living in the shelter and are trying to get their children back from placement in foster care through Children's Services.

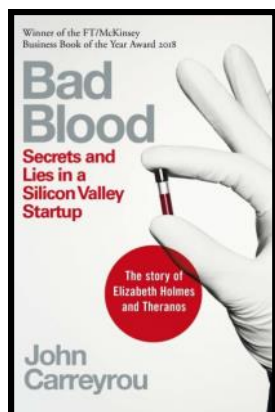
What can you do? Penny gave me the following list:

- Volunteer at the center or on the crisis hot line;
- Donate cash or gift cards for local grocery stores as well as family centered activities like the movies, Turtle Bay, Oasis Fun Center;
- Donate new linens (sheets, pillowcases, blankets, towels, washcloths) and new household goods to help clients establish homes away from their abuser.



The CRISIS NUMBER if you need help or want to help someone else is **(530) 244-0117** THE WEBSITE IS LOCATED AT: <https://ospshasta.org/about-us/>

**Susan Morris Wilson**  
Public Policy Chair



**March Book Section**  
**Tuesday, March 21, at 2:00 pm**

**Bad Blood-Secrets and Lies in a Silicon Valley Startup**

**By John Carreyrou**

**“Chilling ... Reads like a thriller ... Carreyrou tells [the Theranos story] virtually to perfection.” —*The New York Times Book Review***

In 2014, Theranos founder and CEO Elizabeth Holmes was widely seen as the next Steve Jobs: a brilliant Stanford dropout whose startup “unicorn” promised to revolutionize the medical industry with its breakthrough device, which performed the whole range of laboratory tests from a single drop of blood. Backed by investors such as Larry Ellison and Tim Draper, Theranos sold shares in a fundraising round that valued the company at more than \$9 billion, putting Holmes’s worth at an estimated \$4.5 billion. There was just one problem: The technology didn’t work. Erroneous results put patients in danger, leading to misdiagnoses and unnecessary treatments. All the while, Holmes and her partner, Sunny Balwani, worked to silence anyone who voiced misgivings—from journalists to their own employees.

**RSVP to Host and Leader: Kristin Moore**

**Debbie Spiess**  
**Book Sections Chair**

**Drama Divas**  
**Wednesday, March 1, 1 - 4 pm**  
**Hostess: Judy Champagne**  
**Please RSVP by 2/27**

Join us in reading *Anne of the Thousand Days* by Maxwell Anderson. The play is a beautiful presentation of the story of Henry VII and Anne Boleyn and played against the well-know historical background of the court of Henry. A grand drama of love, deceit



and murder, *Anne of the Thousand Days* brings these most famous of Tudor characters to vivid life.

Join us for an afternoon of play reading and conversation. Drama Divas is open to all AAUW members and we meet the first Wednesday from September to June. Interested in joining or trying us out? Contact Tammy.

Save the date for future readings:

April 5: hostess needed

May 3: hostess needed

June 6: Potluck at Sharon Salpas,  
start time: 11:30

**RSVP to Hostess:** Judy  
Champagne (so Judy knows how  
much seating is needed)

**Tammy Douse**  
**Drama Divas Chair**



**Past Presidents Monthly Luncheon**

**Date:** March 2, 2023

**Time:** 11:30 am

**Place:** LuLu's Bar and Grill

2230 Pine Street

Redding, CA 96001

**RSVP:** Tara Swanson

**Deadline:** February 28, 2023



## Theater Arts – Featured Community Connection Events



**Riverfront Theatre: "On Golden Pond"**– Come join us to see the play "On Golden Pond" on Thursday, March 23 at 7:30 pm. This is a special theater event. It is a fundraiser for our Scholarship Fund. Tickets are available at our AAUW branch website.

**Shasta College: "Jazz Ensemble Concert 1"** on Wednesday, March 22 at 7:30 pm. See the Shasta College Arts Calendar at [www.Shastacollege.edu/ArtsEvents](http://www.Shastacollege.edu/ArtsEvents) for more information about Shasta College Theater Arts Events.

Contact Theater Arts Coordinators Pat Williams and Gwen Knaebel with questions and ideas!



### Travel Interest Group Next meeting - Wednesday, April 26<sup>th</sup> At Karline's Restaurant

Travel interest group will not meet during March, but will return in April. April will bring another exciting trip with a presentation from Carol Schultz and her two daughters Alta and Suzannah and Suzannah's husband Tim Gerlach. Carol and Suzannah will present their 2 ½ week tour in Scotland that they took last summer. The evening will start out with the second travel short presentation.

Travel group is open to all members. If you are a new member to AAUW or a member that has never come before, I would like to extend a personal welcome to you. We meet at Karline's restaurant on 1100 Center Street, Redding.

If you are interested in attending, please make a reservation with Judy Bush.

**Judy Bush, Travel Chair**



### SCHOLARSHIP FUNDRAISER - Thursday, March 23

We are sponsoring a buy out of *On Golden Pond* at the Riverfront Playhouse on March 23rd. Proceeds go to scholarships. Tickets are \$25 and are available on the [Redding AAUW website](http://ReddingAAUW.org) under Education/Scholarship Fundraiser. They are also available through Debbie Stokes and at most interest group meetings. Debbie's cell number is on the Contacts Page - page 10. Small bites will be available before the show.

**We need people to sign up to bring food and to drive people who cannot drive at night.**

**Email or text Debbie to sign up.**

**AAUW REDDING BRANCH, INC**  
**WOMAN OF ACHIEVEMENT**

Redding Branch AAUW has the option to present two Women of Achievement awards annually. One award goes to an outstanding member of the Branch and the other is given to a woman from the Community at Large.

**SELECTION CRITERIA FOR WOMAN OF ACHIEVEMENT**

The criteria for the selection of the Woman of Achievement are drawn from the Mission Statement and Image Statement shown below. Your narrative must include the criteria listed below. You may write on the back of this form or add additional pages. The nomination is made for the year 2023 and must be received by **March 1, 2023**

Nominee's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Recommending Member \_\_\_\_\_ Phone Number \_\_\_\_\_

Please mark the category for which the nomination is made: Community \_\_\_\_\_ or Branch \_\_\_\_\_

**LEADERSHIP:** Serves, and/or has served, in leadership positions in the community and/or Branch. (For Branch award only.....has been an active participant for seven years or more).

\_\_\_\_\_  
\_\_\_\_\_

**SELF DEVELOPMENT:** Fosters her personal development and furthers her education in a formal and/or informal way.

\_\_\_\_\_  
\_\_\_\_\_

**COMMITMENT TO THE COMMON GOOD:** Demonstrates consistent, effective involvement, thereby bringing about positive societal changes.

\_\_\_\_\_  
\_\_\_\_\_

**PERSONAL CHARACTERISTICS:** Exemplifies qualities, including friendship, that make her a role model for others.

\_\_\_\_\_  
\_\_\_\_\_

**AAUW MISSION STATEMENT**

*AAUW advances equity for women and girls through advocacy, education, philanthropy and research.*

**CALIFORNIA AAUW IMAGE STATEMENT**

*AAUW is California's most active and diverse organization for women offering: Action for Equity, Community, Leadership, Personal and Professional Growth \*Friendships.\**

As in the past, only written nominations submitted during the current year will be considered. Nominations for candidates not selected this year will be returned to the recommending member. Branch members are invited to resubmit candidates' names with updated information

**Please send your application to**  
**Sharon Salpas**



## Local Businesses that Support AAUW Redding Branch, Inc.

Please patronize these businesses and tell them where you saw their name.

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Archer Pugh, President  
Denny Mills, Vice-President  
Roger Longnecker, Secretary-Treasurer

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[behrenseaton@gmail.com](mailto:behrenseaton@gmail.com)  
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**AAUW** advances equity for women and girls through advocacy, education, philanthropy, and research. AAUW Educational Foundation—the world’s largest source of funding exclusively for graduate women—supports aspiring scholars around the globe, teachers, and activists in local communities, women at critical stages of their careers and those pursuing professions where women are underrepresented.

**The Foundation Funds:**

Groundbreaking Research  
Vital Community Action Projects  
Symposia, Roundtables, and Forums

Fellowships and Grants  
Special Awards  
AAUW Legal Advocacy Fund

**AAUW is California’s most active and diverse organization for women offering:**

Action for Equity  
Community Leadership

Personal and Professional Growth  
Friendships

In principle and practice, AAUW values and seeks a diverse membership:  
There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

**Visit our website at [www.aauwredding.org](http://www.aauwredding.org)**