

President Mari Ennis-Applegate AAUW REDDING BRANCH, Inc. (www.aauwredding.org January 2023

Editor Andi Winters







Saturday January 14th 11:00 am Redding Library Community Room





Melinda Kashuba Ph.D - President



Melinda's three children enjoyed the benefits of the WES Camp Experience as sixth grade students. She served as a volunteer counselor for a week during one of her children's stays. Impressed by the excellent curriculum she has returned to demonstrate global positioning system (GPS) technology to students and the public during open house events at the camp. Melinda is a part-time instructor in Geography at Shasta College. She has a background in environmental planning and resources management. She also owns her own historical research and writing business in Shasta County.

Kathy Hill - Treasurer



Kathy has been active on the WES Community Board since 2011, as a founding member. She has experience guiding students as a Naturalist for both the WES Day field trip program, serving grades K through 4, and the WES Residential program serving grades 5 and 6. Kathy is enthusiastic about science, curiosity and community. In addition to her passion for hiking through the hills, she also enjoys painting landscapes. Kathy holds a B.S. in Environmental Biology from Humboldt State University and a California Naturalist certificate from the University of California.

Francesca Huntsman - Secretary



Francesca joined the board in 2011 and again in 2020. She has a varied background working with people, both as a teacher and vocational rehabilitation counselor. Her "retirement-fun" jobs have been working seasonally with the National Park Service and 10 years as a naturalist at Whiskeytown Environmental School. She's an outdoors enthusiast and has exposed her students to the outdoors on field trips at Lassen Volcanic National Park and Whiskeytown NRA. She accompanied her 5th grade students to WES for 10 years. Seeing the positive impacts on her students at WES, she

is passionate about environmental education for future generations. Her children are adults and continue the family tradition of hiking and camping. Francesca has a teaching credential and holds a degree in Anthropology. She has traveled extensively throughout the world.

Menu: Meat & Cheese Croissant sandwiches from Costco, From the Hearth Kale/Quinoa and fruit salads, chips, nuts, dessert, coffee, tea and lemonade.

RSVP: \$10 with paid reservation by 1/10/23, \$15 if late or paying at the door. Mail check payable to AAUW to Tammy Douse. Reservation payments may also be made online at <u>aauwredding.org</u>, choose Option #1-\$10 or Option #6-\$10 for vegetarian.

AAUW President's Message No January Doldrums for Us!

Happy New Year, everyone! Hopefully you are well rested and ready to be both stimulated and challenged by AAUW events in 2023!

At the January general meeting, the Whiskeytown Environmental School Community Board of Directors will update us on the "Grow Back Stronger" campaign to rebuild the Whiskeytown Environmental School and its focus on immersive outdoor experiences. We will also elect a Nominating Committee to recruit candidates to lead the Branch in 2023-2024.

The second Women of Shasta County Networking Meeting will take place on January 10. The Branch's Women's Issues Group is taking an active role in the planning.

Instead of a general meeting in February, we will join the North Valley Interbranch Council (IBC) meeting. Hosted by our Branch on February 4 at McConnell's Lema Ranch, the program includes a motivating guest speaker and branches sharing what they are doing—a rare opportunity! (Reservations first come, first served with 40 spots for Redding Branch members.)

March will be very busy! The Women in STEM Conference is March 18. Contact Lana Hill ASAP to find out what you can do—and volunteer! We need all hands on deck out at Shasta College for this event for middle school girls! Then take time to join the Education Committee on March 23 at the Riverfront Playhouse buyout for "On Golden Pond", a scholarship fundraiser with lots of tasty refreshments! Tickets will be available at the January 14 meeting!

We look forward to seeing you at these events and at the many interest groups. To our new members—greetings and welcome! We are so glad that you have joined the Redding Branch of AAUW!

Mari Ennis-Applegate, President



AAUW Past Presidents First Thursday Monthly Luncheon Date: January 5, 2023 Time: 11:30 am Place: Cheesecakes 1135 Pine Street Redding, CA 96001 RSVP: Tara Swanson Deadline: January 3, 2023

Next Board Meetings

All Board Meetings will be 5:30 pm at the Community Room, Redding Library, 1100 Parkview Ave.

> Monday, January 23 Monday, February 27 Monday, March 27

All members are welcome to attend Board Meetings. The agenda will be emailed one week prior to each meeting.

If you wish to speak to an agenda item at the meeting, please contact

President Mari Ennis-Applegate.



AAUW Drama Divas—1st Wednesday of Every Month Wednesday, January 4th, 2023 1-4 pm

Pat Liebert, Hostess Be sure to RSVP by phone.

Pat will be providing tasty treats and beverages while we read Alan Ayckbourn's suspenseful drama "Snake in the Grass". A fun and fast read. This enthusiastic study group is open to all AAUW members. We have 10 copies of the play to read and discuss. The Drama Divas really enjoyed reading Moliere's play: School for

Wives in December. If you are new to AAUW please come and check us out. Our Redding group has been reading together for 22 Seasons.

The STEM committee is asking for gift baskets from section groups for the girls to win at the Shasta College event in March. If you have a game, toiletries, art supplies or bath and beauty items please bring them to add to a couple of gift baskets. If you don't have items consider a small cash donation to help complete the baskets. Thank you.

Future dates: February 1, March 1, April 5, May 3, and the season finale and potluck luncheon on June 7th. Hostesses needed. Judy Champagne said she would be happy to hostess again if someone would bring the dessert. Let me know if you are interested. Thanks.

Tammy Douse, Chair



Join us for Scrabble Friday, Jan. 6, 1:00 pm

We will grab empty tables in the back room at From the Hearth in downtown Redding in the former mall. Please plan on buying lunch and/or a drink so they won't mind us hanging out.

Location: From The Hearth in downtown Redding (1427 Market Street across from the downtown Shasta College building).

To RSVP: Text or email Linda Wright

Wine and Brews Wednesday, January 11, 4:30 pm

Just wine this month, no brews!

Please join us at the newly opened tasting room of Ridgetop Cellars. The owners, the Sepulveda Family, were one of the wineries pouring wine at our Starry Nights Art Show. In addition, Autumn Sepulveda is a new member of AAUW.

Please bring an appetizer to share. Tastings are \$10 or no charge for tasting with the purchase of a bottle of wine.

The winery is at 4229 Shasta Dam Boulevard, located in the triangle between east and west Shasta Dam Boulevard.

RSVP to Andi Winters

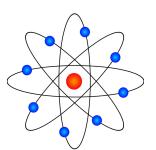




Women in STEM Conference March 18, 2023

8:30 AM – 2:30 PM @ Shasta College

Women in STEM Conference planning is well underway thanks to the many hard working and dedicated STEM committee volunteers. We have agreements from more than 20 professional STEM women to present at the event. Our registration website this year will be provided by TechBridge, a new collaboration for us. Registration will open January 9th, when schools are expected to return from winter break. CS4NorCal, an organization that builds computer science pathways in small and rural schools in 6 Northern California counties, is another new collaborator for the conference. They, along with SCOE, are publicizing the event through their networks. Action News and KIXE will together advertise the event across three north state TV channels, 9, 12 and 24. Branch interest groups are actively planning baskets for the event.



Giving women equal opportunities to pursue — and thrive in — STEM careers helps narrow the gender pay gap and enhances women's economic security. It ensures a diverse and talented STEM workforce and prevents biases in these fields and the products and services they produce. According to the Pew Research Center, a <u>typical STEM worker</u> earns two-thirds more than those employed in other fields. Some of the highest-earning STEM occupations, such as computer science and engineering, have the lowest percentages of women workers.

Please join us for our next meeting, January 9 at 3:30 PM. It takes many hands to make the event successful and we have a place for everyone in this endeavor. Your contribution makes a difference in the lives of North State girls. For information or to volunteer, please contact Lana Hill.

Lana Hill

AAUW Redding STEM Chair

The Women's Issue Group

Another Women of Shasta County Networking meeting will be on **January 10 at 6:00pm**. This is a follow up to the meeting our AAUW branch hosted in October. We are excited to meet to maintain the energy and focus on ways to support each other's effort in empowering women and girls.

The gathering will be a potluck at All Saints' Episcopal Church Memorial Hall (corner of Benton and Quartz Hill). Please contact Frances Cole-Boyd or Pam Crowe to let us know if you will be attending.





Save the date!

Our spring fundraiser is a Riverfront Theater buyout of "On Golden Pond" on Thursday, March 23rd. Your ticket purchase benefits our scholarship fund and offers you a fun night out! Tickets are \$25 and will be available at meetings and on our branch website.



Theater Arts - Welcome to the New Year Come Join Us at the Theatre!

Cascade Theatre

This month we are featuring "Pink Martini" a musical performance that will be held at the Cascade Theatre on **Wednesday**, **March 8th at 7:30 pm**. An Anchor Seat for our group is Seat 108 in Row H. Come join us there. Reach out to me (Gwen) and let me know that you will be joining us.

Axiom Repertory Theatre and The Riverfront Playhouse each have a featured play for the month of January – check their websites.

Contact Pat Williams and Gwen Knaebel, Theater Arts Coordinators with suggestions and ideas!

AAUW Walking/Hiking Group

Here are the walks for January. For those who requested a later start time, there are two opportunities. For the majority of the walks, the group prefers to meet early allowing for more free time in the day, or maybe they might just stop for coffee and pastry after the walk. This group is a go with the flow group. Please let Frances know if you would like to be added to the walking email and/or group text.

Tuesday Walks (8:00 am meeting time, unless otherwise noted):

1/3 Senior Center (2290 Benton Dr)

1/10 Clover Creek Preserve (parking Shasta View & Venus Way)



1/24 Nur Pon Open Space (off of Henderson), with additional, optional, walk afterwards

1/31 Lema Ranch (Shasta View/Hemingway parking lot)

Saturday Walks (8:00 am meeting time, unless otherwise noted):

1/7 Lema Ranch (Shasta View/Hemingway parking lot)

1/14 Blue Gravel Mine Trail (meet at Holiday Parking lot at Placer & Buenaventura)

1/21 (10:00 am meet time) Senior Center (2290 Benton Dr)

1/28 Churn Creek Trail (College View & Tidmore parking)



Travel Group

Kick off the new year by making travel plans and pick up ideas at our group meeting. The Travel group is meeting on Wednesday, January 25 at 5:30 at Karline's. Linda Wright and Don Owen will share their road trip through Maine into Acadia National Park and up into New Brunswick, Canada. This was one of Linda's favorite trips, so mark the date on your calendar. You will not want to miss this presentation. For reservations contact Judy Bush.



A Big Welcome to our Newest Members

Please seek out and say hello to the following ladies who have recently joined our Branch:

Barbara Schubert, Charla Connelley Shadduck, Judy Keniston and Autumn Sepulveda

For contact information, see page 9.



January Book Section Women in White Coats By Olivia Campbell

Date: January 17

Time: 2:00

For fans of *Hidden Figures* and *Radium Girls* comes the remarkable story of three Victorian women who broke down barriers in the medical field to become the first women doctors, revolutionizing the way women receive health care.

With gripping storytelling based on extensive research and access to archival documents, *Women in White Coats* tells the courageous history these women made by becoming doctors, detailing the boundaries they broke of gender and science to reshape how we receive medical care today.

Public Policy

Martin Luther King is celebrated by a day of recognition on **January 16.** Martin Luther King Jr. Day commemorates the birth of Rev. Martin Luther King Jr., the recipient of the 1964 Nobel Peace Prize and an activist for nonviolent social change until his assassination in 1968. It is a time to remember the injustices that Dr. King fought. Some quotes from Martin Luther King:

"Our lives begin to end the day we become silent about the things that matter."

It is timely to remember our fight for the freedom, equality, and dignity of all races and peoples through nonviolence. Each of us needs to work toward an end that assures civil responsibility and social justice in our community.

"We must learn to live together as brothers or perish together as fools."

"Life's most persistent and urgent question is, "What are you doing for others?"

Martin Luther King, Jr. Day is the only national holiday designated as a **national day of service** to encourage all Americans to volunteer to improve their communities. It is a day when each of us needs to think about the community we live in and how we can contribute. On this MLK Day, please consider the opportunities available in Shasta County.

If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl. But whatever you do, you have to keep moving forward.

The work is not done. Our community has many families who are struggling with a wide variety of problems. Each of us, and the organizations that we belong to, have some responsibility for making our community a healthy and safe place for all to live.

We have many issues to address locally, in CA and in the US: "We must learn to live together as brothers or perish together as fools."

Susan Morris Wilson Public Policy Chair



AAUW REDDING BRANCH, INC. 2023 NAMED GIFT HONOREE NOMINATION

Please consider nominating that "special" branch member whose contributions to AAUW goals and ideals would make her a candidate for this great honor.

Nominations are due by January 30, 2021

Nominee:
1. Branch experience of nominee:
2. Has nominee actively participated in Branch for three years or more? Yes No
3. Has nominee been a leader in the branch serving in elected positions and chairing committees?
4. Has the nominee been active contributing at a community level?
5. How does the nominee represent and exemplify the ideals of AAUW as defined in our mission statement and the AAUW image statement?
Submitted by:
Mail or email nomination form to:
Jacon Bashashi

Mail or email nomination form to:

Joann Roskoski

See Page 9 for contact information

Local Businesses that Support AAUW Redding Branch, Inc.

Please patronize these businesses and tell them where you saw their name.

Estate Planning & Probate Litigation

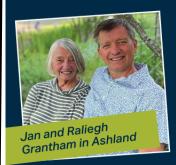


530-244-6286 vs. 1648 Riverside Drive, Redding www.campbell-clark.com

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