



**Our DECEMBER MEETING is at  
the Redding Library Community  
Room**

**Come Celebrate the Season!  
Join us on Thursday  
December 8<sup>th</sup> at 5:30 pm**

Dick Sorensen will once again grace our Christmas celebration on December 8 with his gift of song. You may have been fortunate to have seen him perform locally in his own 360 Band, in John Hoover's Tribute to John Denver, and in Manzanita. His enthusiastic energy is highly contagious! Come and join the fun and lend your voice as we raise the Christmas spirit in singing time-honored carols. Dick will be joined by 360 Band's bass guitarist Michael Wopat and AAUW friends Adrienne Cowling and Kirsten Plate.

**Come early to enjoy Social Time from 5:00 – 5:30!**

**Menu:** Olive Garden Pasta e Fagioli and Minestrone soup, salad and bread sticks. Enjoy wine, coffee, tea, lemonade, nuts and dessert.

**RSVP: \$12 paid by Dec. 5, \$15 if late or paying at the door.** Make check payable to AAUW and send to Tammy Douse. Payments may also be made online at [aauwredding.org](http://aauwredding.org), Option #2-\$12 or Option #7-\$12 for Vegetarian.



## **BRING SOCKS TO THIS MEETING!**

**Bring new socks for men, women and children over the age of 5. During the cold months, new socks are always in demand by the neediest members of our community. Your donations are appreciated and will be used locally.**



## President's Message: *A Lull in Our Activities*

Happy December! A month of holiday gatherings and fewer meetings (ha!), also a time of reflection. Chilly mornings, brisk walks, snow on the mountains, guarded hopes for more rain.

The weather cooperated for our fundraisers! The Art Show and Starry Night were well attended, bringing in \$7,500! Last minute bids pushed the Silent Auction well over \$3,000. Community sponsorship was also amazing! Our Kids Artfest didn't bring in crowds but was great fun for all—volunteers, parents and the young artists who stayed engaged for about 2 hours experiencing the wonderful art projects. Many thanks go to you, our members, of course, for your truly generous and heartwarming support!



Planning for the Women in STEM Conference next March is proceeding very well. Agreements are in place with Shasta College, and the STEM Committee has lined up about 21 presenters. Mark your calendars for the planning meeting on the afternoon of December 5— your help is needed! Watch for an email from Lana.

Our inimitable Debbie J. has arranged a lovely holiday musical program for December 8, and Tammy some delicious food from the Olive Garden! During the rest of the month, we can enjoy all the hubbub. May whatever holiday tradition you follow be peaceful and joyous!

**Mari Ennis-Applegate, President**

### The Directory

The revised Directory, as well as lists such as Past Presidents, will be sent out around Dec. 1. We won't send out another Directory until sometime in the spring but you can always find the up-to-date Directory and other Branch information on our website, [aauwredding.org](http://aauwredding.org).

**SIGN IN** and scroll down to the Member Portal, click on AAUW Members then look for the Directory! We have made every effort to be accurate; however, if something is amiss, please email Carol Skill.

### Next Board Meetings

Board Meetings are at the Redding Library

**Monday, Nov. 28 at 5:30**  
**None in December**  
**Monday, Jan. 23 at 5:30**

All members are welcome to attend. The agenda is emailed one week prior to each meeting.

Questions? contact  
President Mari Ennis-Applegate

### AAUW Women's Issues

At our last meeting, Shasta County Office of Education representatives Joy Garcia and Jenn Snider shared how Shasta County has received grant money for 13 local schools to become Community Schools. There are four Pillars of a Community School:

- Integrated Student Supports
- Expanded & Enriched Learning Time & Opportunities
- Active Family & Community Engagement
- Collaborative Leadership & Practices

Joy and Jenn will keep us posted on opportunities for AAUW members to support the schools. Bonus: Jenn is a new member of AAUW!

There will not be a December gathering. The January meeting will be a joint meeting with community members. More information to follow in December.

**Pam Crowe & Frances Cole-Boyd**

## Art in the Park Recap

The successes of the Art Show, Starry Night, Kids Artfest and Silent Auction are due to fantastic ideas and the savvy of all who helped put the events together. Community sponsorship was also amazing, as you can see from the poster acknowledging them. The COR Parks & Rec Department, Teresa Urricelqui, and her staff were especially helpful, allowing us to use Caldwell Park Recreation Center for the Kids Artfest. The North Valley Art League was a super collaborator!



The planning Committee and many other members pitched in — what teamwork! — and breathed sighs both of relief and contentment on Saturday evening after everyone had gone home. The Branch participation was wonderful — thank you, thank you, thank you!

Check last month's newsletter for Noella's wonderful "Teamwork" poster. Here's who handled some of the weightier jobs:

- Silent Auction—Maureen Chenoweth and Joann Roskoski
- Art Show—Barbara Enochian, Kathleen Evans, and our Artists
- Cookies and Coffee—Tammy Douse and our bakers
- Starry Night—Hors d'oeuvres and punch—Tammy Douse
- Wine Tasting — Maureen Chenoweth
- Kids Artfest—Penny Harris and Debbie Stokes, our members
- Marketing and Publicity—Noella Pearson, Maureen Chenoweth
- Accounting—Martha Hamon
- Coordination and Logistics—Mari Ennis-Applegate and Gail Paulsen

### AAUW PAST PRESIDENTS LUNCHEON

Thursday, Dec. 1 at 11:30  
CR Gibbs, 2300 Hilltop Dr., Redding

RSVP to Tara Swanson  
RSVP Deadline: Nov. 28

**Mark Your Calendars, Planning Committee Members! We will be gathering on November 30 to talk about what worked well, what needs tweaking, and should we do it all again!**

**Community Sponsors**

Bantam Kitchen & Cooler  
Boheme Salon & Spa  
Deja Vu Espresso Bar & Cafe  
Damburger  
Furnari Sausage  
Goldmart Jewelers  
Headwaters Adventure Company  
Karlina's Restaurant & Bar  
Lake Shasta Caverns  
Nora McNeill  
Carol Marino  
North State Symphony  
Oasis Fun Center  
Plaza Interiors  
Post Office Saloon  
R & R Meats  
Rare Air Trampoline  
Riverfront Playhouse  
Riverview Golf and Country Club  
Samantha Lu  
Trader Joe's  
Turtle Bay Museum

**AAUW Interest Groups**

Book  
Drama Divas  
Film  
Past Presidents  
Round Robin Books  
Walking/Hiking  
Wine and Brews

**AAUW  
THANKS  
EVERYONE  
WHO  
CONTRIBUTED  
TO THE  
SILENT  
AUCTION**

### Thanks to All Who Contributed to the Success of our Online Auction!

Our fall online auction raised funds for local scholarships and for National AAUW's Greatest Needs Fund (advocacy, education, outreach programs for women nation-wide). It ran from Oct. 17 – Nov. 6 with 41 items that received 144 bids. Twenty-three community sponsors, seven AAUW Interest Groups, and many individuals donated both auction items and time to make the auction a success. **A special shout out to Noella Pearson, Lana Hill, Maureen Chenoweth and Sharon Clairemont** who provided invaluable marketing tools and expertise, guidance and help on how to run an online auction, and a life lesson on wrapping gift baskets. As a result of all who contributed to the effort, the auction netted \$3,027.66, which was 90% of the proposed goal of \$3,500.





## Women in STEM Conference Saturday - March 18, 2023 SAVE THE DATE

I could not be more pleased to share that the Women in STEM Conference 2023 is well underway thanks to the efforts and dedication of so many amazing women in our Branch, brilliant presenters who are returning this year and many generous sponsors.

As we recruit this year's professional STEM women presenters, we have a focus on Diversity, Equity, and Inclusion. We want the girls to see themselves in our professional women. As of the writing of this article, we have 21 confirmed presenters with at least 5 more who are very likely to present. Shasta College has agreed to allow us into their new CIS building and state-of-the-art robotics lab. Eleven laboratories, two computer labs, about a dozen classrooms, gym and cafeteria are all reserved for our use.

How can you help? Get involved! Our next meeting will be Dec. 5th. 3:30 - 4:30 at Maureen Chenoweth's home. Watch for a branch email this week with an attached Save the Date Women in STEM Conference Poster. When you receive it – PLEASE share the poster in your community of contacts and friends. Many of you have friends and associates in education or who have junior high girls at home - send them a poster and ask them to share it, please. Take the posters to schools near you. HELP US SPREAD THE WORD! **THANK YOU INCREDIBLE AAUW REDDING LADIES!**

**Lana Hill**  
**STEM Chair**

### **PUBLIC POLICY: WHAT IS CULTURAL HUMILITY?**

For this year's final article on *Public Policy* and *Diversity, Equity, and Inclusion*, I want to talk about cultural humility. Cultural humility is defined as a practice of self-reflection on how one's own background and the background of others impact teaching, learning, research, creative activity, engagement, leadership, etc.

Cultural humility involves an ongoing process of self-exploration and self-critique combined with a willingness to learn from others. It means entering a relationship with another person with the intention of honoring their beliefs, customs, and values. It means acknowledging differences and accepting that person for who they are.

This year we will step into a culture that most of us have heard about but few of us really know about. We are going to explore, just briefly, the culture of gnomes. Some of you will ask, "What is a gnome?" and I will answer, "There is a lot to know about a gnome."

Gnomes are very widespread, through Europe and Russia in particular. They have been known to humans for centuries (although rarely seen) and are believed to have originated in Scandinavia and migrated to the lowlands some 1500 years ago.

Gnomes are usually about 6 inches tall, but some are taller. The males weigh about 11 ounces and females weigh about 9 ounces. Most gnomes are 7 times stronger than a man, can run at speeds of 35 miles per hour and have better sight than a hawk. Their feet are somewhat pigeon toed which gives them extra speed and agility through the woods and grass. Generally, when things go well, a gnome lives for about 400 years. Each couple has one set of twins during this time.

Gnomes have long been considered good luck charms. For more information:

[https://mythus.fandom.com/wiki/Gnome#The\\_history\\_of\\_gnomes](https://mythus.fandom.com/wiki/Gnome#The_history_of_gnomes) is a short history of gnomes in our world.

*A Gnome's Christmas* by Rien Poortvliet is a delightful child's book that talks about gnomes and the wonderful habits they bring to Christmas. This year I bought a book for every young child in my family with a small gnome as a token of remembrance and a reminder of the need for cultural humility in our world.



**Susan Morris Wilson**  
**Public Policy/DEI Chair**



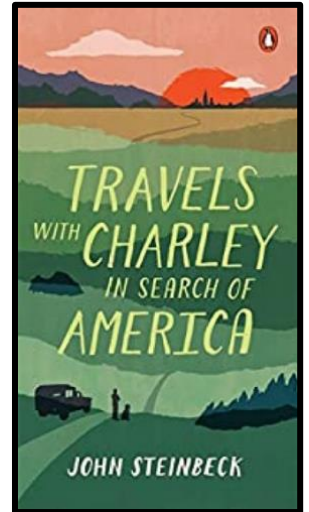
**December Book Section  
Tuesday, December 13 at 2 pm**

**Travels with Charlie  
by John Steinbeck**

In Steinbeck's final book, he chronicles his journey across America with his poodle, Charley, in his beat-up old pickup, Rocinante. "Never before have people & country been examined & reported with so much love combined with so much critical insight" by one of America's finest writers.

**RSVP to Host:** Debbie Spiess  
**Leader:** Carolyn Chandler

**Debbie Spiess**  
**Book Sections Chair**



**AAUW Drama Divas – 1<sup>st</sup> Wednesday  
of Every Month  
Wednesday, December 7, 1 - 4 pm**



In December we will be reading Moliere's *The School for Wives*, Adapted by Miles Malleon. This is a comedy in 5 acts and is considered one of Moliere's finest plays.

Our group is open to all AAUW members and we read a different play each month from October to June. It is always a lively and friendly discussion as we nosh on treats

provided by the hostess. Join the fun! Contact Tammy Douse if you are interested in learning more about Drama Divas and how it works.

**RSVP to Hostess:** Judy Champagne (please rsvp so Judy knows how much seating is needed)

**Future Dates:** Jan. 3 - Pat Liebert's / Hostesses needed for February, March, April, May

**Tammy Douse**  
**Drama Divas Chair**

**A BIG WELCOME TO OUR NEWEST  
MEMBERS**

Please seek out and say hello to the following ladies who have recently joined our Branch:

**Joanne Crosetti**  
**Judy Keniston**

For contact information, see page 9.



**Join us for Scrabble at From the Hearth  
in downtown Redding  
1:00 pm Friday, Dec 2**

We will grab empty tables in the back at From the Hearth in downtown Redding in the former mall. Please plan on buying lunch and/or a drink so they won't mind us hanging out.

**Location:** From The Hearth in downtown Redding (1427 Market Street across from the downtown Shasta College building).

**Date and Time:** Friday, Dec 2 at 1:00 pm

**To RSVP:** Text or email Linda Wright



## AAUW Redding Branch - THEATER ARTS

Our Redding Holiday Theater Season is here with grand invitations to a variety of holiday choices! Here are some choices to consider. Don't stop here! There are many other choices of special holiday events at this time of the year.

### **"A Christmas Story" from December 9<sup>th</sup> - 23<sup>rd</sup>**

Axiom Repertory Theater is presenting this play, a musical that will bring an exciting new dimension to those who have seen the movie! If you haven't seen

the movie, consider seeing it before you see the play!

### **"You Better Watch Out" at the Riverfront Playhouse from November 30 – December 17**

This play is the featured Christmas season play at the Riverfront Playhouse. Check dates for special buyouts of this play. "You Better Watch Out" is a comedy in which travelers are forced to stay overnight in a lodge during a Christmas Eve snowstorm.



For All Ages - Check the **Cascade Theatre** website for a wide variety of holiday specials with both adults and children in mind.

### **Lights, Lights, Lights from November 18 – January 8**

Again this year, the "Redding Garden of Lights" will be presented by Turtle Bay. Get your tickets early and remember to get a ticket discount if you are a Turtle Bay member.

**Happy Holidays to all! See you at the Theater!**

**Gwen Knaebel & Pat Williams, Theater Arts Co-Coordinators**

## **AAUW Wine and Brews 4:30 pm Wednesday, December 14**

Please join us on Wednesday, December 14 at 4:30 to celebrate the holiday season at a brand-new Redding restaurant the Thai House Cafe. It is located where the Sailing Boat used to be on 2772 Churn Creek Road. Andi and I sampled their delicious offerings, and we hope you will love it as much as we did! They also have a variety of wines and brews. We will have our own private space for this fun evening! Please RSVP to Sharon Salpas by December 7th.



**Sharon Salpas and Andi Winters, Co-Chairs**

## **UPCOMING STEM CONFERENCE - ADVOCACY FOR WOMEN!**

Redding's Women in STEM Conference is not just another STEM conference. This event brings together professional women in STEM careers, hands-on STEM activities and young women at an impressionable age. The result is **ADVOCACY** for Women. The result is **BREAKING DOWN** Barriers. The result is work toward leveling the playing field for women in STEM careers - removing obstacles that prevent women from entering these fields. Join us December 5 at 3:30.

**Next STEM meeting  
Monday, Dec 5, 3:30  
Maureen's House**



## AAUW Walking/Hiking Group

Join us for walks during December. 8:00 am may initially seem early, but you have the rest of the day ahead of you.

### Tuesday Walks:

- 12/6 - Churn Creek Trail (College View & Tidmore parking)
- 12/13 - Sundial Bridge
- 12/20 - Lema Ranch (Shasta View/Hemingway parking lot)
- 12/27 - Senior Center (2290 Benton Dr)

### Saturday Walks:

- 12/3 - Lema Ranch (Shasta View/Hemingway parking lot)
- 12/10 - Clover Creek (parking Shasta View & Saturn Skyway)
- 12/17 - Churn Creek Trail (College View & Tidmore parking)
- 12/24 - NO WALK
- 12/31 - Sundial Bridge

**Frances Cole-Boyd,  
Walking/Hiking Chair**



## TRAVEL GROUP – Maine and Eastern Canada 5:30 January 25 at Karline's

We had a great turn out for Debbie and John Stokes' marvelous presentation of Iceland. Iceland stands out as a most unique destination with its rough lava terrain, active volcanoes, and harsh living conditions. If you have never visited Iceland, you might consider putting it on your bucket list. We will not be meeting during the months of November and December but

will again get together Wednesday, January 25 at 5:30 at Karline's. Linda Wright and Don Owen will share their road trip through Maine into Acadia National Park and up into New Brunswick, Canada. Linda says this is one of her favorite trips so when you change your calendar to 2023, make sure to write down this travel group date. You will not want to miss this presentation. Contact Judy for reservations.

**Travel tip:** Travel tour groups are taking advantage of Black Friday. Specials that I have seen are showing 15% or more if you book at this time for next year. Now is a good time to book for 2023.

See you all in January!

**Judy Bush, Travel Chair**



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10:00 am to 4:00 pm Tuesday & Wednesday, 1:00 pm to 4:00 pm Saturday

www.eatonhousemuseum.org  
 behrenseaton@gmail.com  
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