

REDDING REFLECTIONS KEDDING KELFCLIONS

President Mari Ennis-Applegate AAUW REDDING BRANCH, Inc. (www.aauwredding.org)
September 2022

Editor Andi Winters

Come join us!

Thursday September 8th at 5:30 pm The McConnell Foundation 800 Shasta View Drive, Redding







Jesica Rhone will join us and share the work they are doing in Nepal and Laos promoting gender equality. Jesica is the Director of International Programs at The McConnell Foundation in Redding, California, where she has worked for the past 9 ½ years. Jesica grew up "off the grid" in neighboring Trinity County. She participated in foreign exchange in Thailand when she was 15, which stimulated questions around human nature, inequity, conflict, and governance that have steered her curiosity and career. She has her BA in International Studies from Southern Oregon University and received the Foreign Language and Area Studies Fellowship from the University of Hawaii-Mānoa to complete her MA in Asian Studies. Before joining The McConnell Foundation, she had 6 years of management experience in non-profits. She has also studied Peacebuilding and Conflict Transformation at Eastern Mennonite University in Virginia. Jesica will give an overview of The McConnell Foundation's International Programs and their emphasis on gender equality.

Menu

Fresh salads From the Hearth: Pesto-Pasta, Kale-Quinoa, Apple-Fennel slaw, Fruit; Chips, Cookies, Nuts, Wine and Tea.

\$15 with paid reservation by 9/4, \$20 if late or paying at the door (reservations required, limited seating).

AAUW President's Message: Something's in the Air!

Hope you have enjoyed your summer! Welcome to new members! As I climbed Cinder Cone, two steps forward and one step back at times, I thought: Is the empowerment of women at one of those steps back? No way--and make no mistake about it, AAUW Redding is not moving back! Something's in the air! Have you felt it yet? Clues: determination in our step, excitement as we go in some new directions! Why?

Our fantastic 80th Anniversary celebration generated a lot of energy!

5-Star recognition from AAUW National for the Branch's work in 2021-22 has, too! Congratulations to Maureen, the 5-Star Committee, and to all of us!



The August Ice Cream Social brought in \$350 for Branch Operations! Ice cream with a cherry on top, gossip (oops!), and a sneak preview! Yay, Tammy!

Many interesting programs! Debbie Johnson has lined up Jesica Rhone as our speaker for the kick off dinner at the lovely McConnell/Lema Ranch.

These activities should excite you: Public Policy/DEI will lead small group discussions around women's issues. Debbie Stokes is coordinating a Board-hosted networking event on October 1 with local women's groups re: needs of women and girls in Shasta County. The October Branch meeting will focus on important ballot measures, including the state Constitutional amendment addressing women's health.

New fundraising for scholarships— art gala reimagined! Wine, food, music, children's art projects? Details are coming! (No Home Tour? you ask. Sadly, no one was willing to chair the

Next Board Meetings:

All Board Meetings will be **in person only** at the IOOF Hall,

1504 Market Street in Downtown Redding. Entrance at the back.

Monday, September 26 at 5:30 Monday, October 24 at 5:30 Monday, November 28 at 5:30

All members are welcome to attend board meetings. The agenda will be emailed one week prior to each meeting.

If you wish to speak to an agenda item at the meeting, please contact

President Mari Ennis-Applegate

event. Disappointing, frustrating but maybe a new opportunity . . . remember that "traditions" song from "Fiddler on the Roof"?)

Women in STEM Conference may take place at a different venue next March.

Our Branch hosts the North State Interbranch Council (IBC) meeting in March, and all of us can attend! Lana Hill is our organizer.

Are you re-energized? Determined to make a difference? If not yet, we think you will be soon! See you at McConnell and at the Riverfront buyout Sept. 14 to support Tech Trek!

Mari Ennis-Applegate, President

Count down to Tech Trek Fundraiser!



Crossing Delancey
Riverfront Playhouse
September 14 at 7:30 PM

Tech Trek is a STEM (Science, Technology, Engineering, Math) camp designed to develop interest, excitement, and self-confidence in young women who will enter eighth grade in the fall. It features hands-on activities in STEM-related fields. It has a substantial impact on the girls we send.

Due to the loss of the 2022 Women in STEM Conference because of Covid, we are hosting this fundraiser to replace funds not raised by STEM. Please won't you help send our girls to camp?

We are still in need of forty more people to come and bring a friend to the play.

The \$25 ticket includes the play, coffee and dessert, and a fun night-out. Wine will be available at Riverfront Theatre. Proceeds from the sale of wine will benefit the theatre. Tickets are available for sale on the branch website's payment page.

Crossing Delancey is a comedy by Susan Sandler. Isabel is a modern young woman who lives alone and works in a book shop. When she is not pining after a handsome author, she is visiting her grandmother (Bubbe) in Manhattan's Lower East Side. This irascible granny and her friend the matchmaker have found a "good catch" for Isabel, whose initial reluctance gives way to a blossoming romance when she finally meets Sam, the pickle vendor, as the end of the play offers a new beginning.

2022 SCHOLARSHIP AWARDS



Fall 2022 scholarship recipients were selected this past spring and announced at the 80th Anniversary Celebration. AAUW awarded the following scholarships:

Maia Smith—Sociology Major attending UC Davis, \$2,000 AAUW Fund

Katelyn Miles—Psychology Major attending Simpson University, \$2,500 AAUW Fund

Aliyah Hinckley—Communications Major attending Cal State Northridge, \$2,500 AAUW Fund, \$1,000 Betty Long Memorial

The Education Committee for 2022 scholarships consisted of Adrienne Cowling, past President; Tammy Douse, past Home Tour Co-chair; Sharon Salpas, Member-at-Large and the two co-chairs for the Education Committee. Their commitment in reviewing and selecting the recipients was appreciated.

Terri Carlton and Gail Paulsen, Education Committee Co-Chairs for 2022



Great news! Our branch leaders were notified of the following on August 5, 2022:

"Congratulations! We're pleased to share that your branch CA0088-Redding Inc. is now a 5 star branch. CA0088-Redding Inc. has earned a star for each of these Focus Areas of the Five Star National Recognition Program:

Program

Advancement

Communications and External Relations

Public Policy and

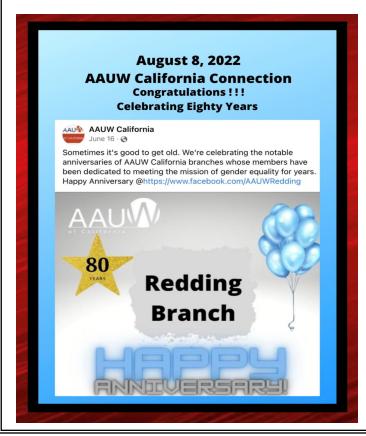
Research Governance and Sustainability

In addition to this notification, your branch will be recognized in Membership Matters and on the AAUW National Website. Also, the branch will receive a Five Star Certificate of Achievement and will be featured in a Five Star success story in Membership Matters. Finally, your branch CA0088-Redding Inc. will receive a Five Star Leadership Briefing. Thank you for your participation and all you do on behalf of women and girls. We look forward to your continued Five Star success. Five Star National Recognition Program Advancement & Partnerships AAUW 1310 L Street NW, Washington, DC 20005-4113"

What does this mean for our branch? This program is an incentive for local branches to effectively align our mission and activities with those of our national AAUW organization. The award demonstrates that they have reviewed our programs, our finances, our website and our planning documents and have found that we have met the requirements. It is most affirming that we are on the right track!

My deepest appreciation to our 5 Star Committee: Pris Brutlag, Mari Ennis-Applegate, Penny Harris, Lana Hill, Joann Roskoski, Susan Wilson, and Linda Wright. And our committee is deeply grateful for the technical assistance of Branch Treasurer Jan Brockett.

Five Star Committee Chair, President-Elect Maureen Chenoweth



Attention All Members: Contacts Sheet

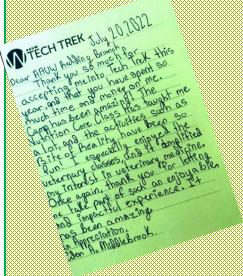
Last year, our Branch newsletter was placed on our website in the password-protected Member Portal section. The Communications Committee has decided that our newsletters are a good advertisement of what our Branch does and should be accessible to the public. Moving the newsletters to the "open" portion of the website may entice interested people to join.

To protect the privacy of our members, there will no longer be contact information included in the issues. Instead, all members will receive an AAUW Redding Branch Contact list with their newsletter. This list will include, by page, the info needed to reply, RSVP or be in touch with the members involved with activities and/or needed information in general. If you have questions or concerns about this, please contact President Mari Ennis-Applegate.

WYTECH TREK

Tech Trek 2022 at UC Davis was a great success! Our branch's four campers wrote you "thank you" notes to tell you about their experiences. We anticipate hearing more from Juniper, Eden, Sydney and Amelia when they are guests at our October 13 meeting. Until then, enjoy the following:





Dear Redding AAUN,

Dear Redding AAUN,

Though adu so much for this

increabile experience after this camp

I can't imagine not pursuing a

career in STEM line dissach

different brokely parts like a lung, heart,
cow bone, and an eyelight which I

never woulder been able to in resumpt

circumstance, searning about schoarships

for either was one of my favorite

garts because I know very little about

that The friends live made here will
last a lifetime; one laughed ten times

more here thou any other well in my

tife. Than you for your time and committee

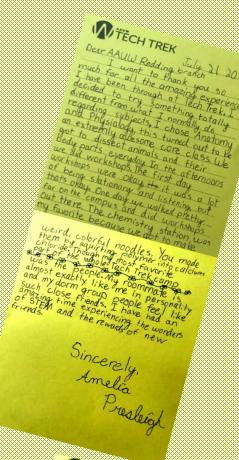
I could learn from amazing women

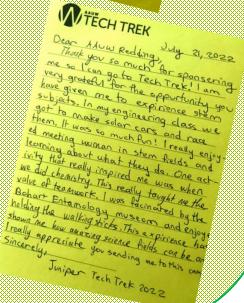
Sincerely

Sydning Wern

Tech Tich 2022

Help support the Trek Tech Program by buying tickets for our Fundraiser at the Riverfront Theater, September 14. Tickets on sale through our website: aauwredding.org







AAUW Redding Branch - THEATER ARTS

Our Next Play, "Crossing Delancey" at Riverfront Playhouse is our Branch Tech Trek Fundraiser.

It is scheduled at the Riverfront Playhouse for Wednesday, September 14, at 7:30 pm.

Come and enjoy a delightful social evening and a charming play. Bring friends with you! You can purchase your tickets at our AAUW Branch mem-

ber website. For additional information contact: Pat Williams.



AAUW Walking/Hiking Group

The AAUW Walking/Hiking group is beginning again. We will meet twice a week for walks ranging from 2 to 5 miles. Walks will be in and out of town.

Upcoming TUESDAY walks (7:30 am meeting time):

9/6—Meet at the Senior Center (2290 Benton Dr.)

9/13—Paradise Meadows Trail at Lassen Park.
Difficulty—Moderate; 3.2 miles, 700 ft elevation gain We will carpool. Meeting place TBD

9/20—Meet at Lema Ranch (Shasta View/Hemingway parking)

9/27—Meet at the Senior Center (2290 Benton Dr)

Upcoming SATURDAY walks (7:30am meeting time):

9/3—Lema Ranch (Shasta View/Hemingway Parking lot)

9/10—Senior Center (2290 Benton Dr)

9/17—Sundial Bridge

9/24—Chemise Peak, Difficulty – moderate; 4.6 miles out and back, 698 ft elevation gain. 360 view of Shasta Dam, Shasta Lake, & Mount Shasta. We will carpool. Meeting place TBD

10/1—Churn Creek Trail (College View & Tidmore parking)

Contact Person: Frances Cole-Boyd

Past Presidents





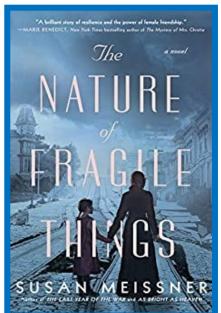
Graphics by Noella Pearson



Drama Divas return for their 22nd Season!

What is Drama Divas? It is a Round Robin AAUW California group established in the 1950s. Redding Branch rejoined this group in 2001. We receive 10 copies of a play, meet in someone's home, have refreshments and take turns reading aloud various parts/roles of the play. It is always interesting and leads to good discussions. A fun and informal way to meet other members. We meet the first Wednesday afternoon from 1-4 p.m. For the coming season we will read 9 different plays beginning on October 5th. To join the charge is \$11 for the year to cover cost of plays and postage. Consider joining us. Just give me a call. It is a lot of fun! Tammy Douse, Drama Divas Chair

Save the dates: Oct. 5; Nov. 2; Dec. 7, Jan. 4, Feb. 1, Mar. 1, April 5, May 3, June 7.



September Book Group The Nature of Fragile Things

by Susan Meissner

April 18, 1906: A massive earthquake rocks San Francisco just before daybreak, igniting a devouring inferno. Lives are lost, lives are shattered, but some rise from the ashes forever changed.

Sophie Whalen is a young Irish immigrant so desperate to get out of a New York tenement that she answers a mail-order bride ad and agrees to marry a man she knows nothing about. San Francisco widower Martin Hocking proves to be as aloof as he is mesmerizingly handsome. Sophie quickly develops deep affection for Kat, Martin's silent five-year-old daughter, but Martin's odd behavior leaves her with the uneasy feeling that something about her newfound situation isn't right.

Afternoon Meeting: Tuesday, September 20 at 2:00

Host: Pat Bunnell Leader: Sharon Salpas

A BIG WELCOME TO OUR NEWEST MEMBERS

Please seek out and say hello to the following ladies who have recently joined our Branch:

Shirley Ramstrom Jean Bagley
Alexandra Stephens Cindy Anderson
Missy McArthur Marrianne Williams

For contact information, check the most current version of our Branch Directory.

Changes to the Branch Directory include: Sandra Jagow: new email and Frances Cole-Boyd has a new address. Please see Branch Directory for full information.

Social Committee Members Needed!

Help Wanted

Meals are such an enjoyable part of our meetings! Tammy Douse has been our go-to meal planner for several years in a row, doing a fantastic job! She needs help this year and also wants to help train volunteers to take over next year. The job could seem overwhelming for one person so we want to explore the idea of a team effort—three or four members who take turns arranging the meals for one or two meetings a year. If you might like to work on this, let us know if you can join us in mid September. Time and place TBA. Contact Mari or Tammy for details!

PUBLIC POLICY

Welcome to a new year of *Public Policy* and your hosts Susan Morris Wilson and Penny Harris.

We are pleased with the role that public policy could play in our successful effort to become a **5 STAR** branch last year and look forward to making contributions the effort again this year.

On October 1, the AAUW Board is hosting other women's groups in Shasta County. We plan to discuss the issues faced by women in Shasta County and to work toward a collaborative effort to address a few of these issues.

Public Policy is forming an interest group called *Women's Issues* this year and we will probably be looking at some of the issues that come up in the meeting we just discussed. Our chairs for the interest group are Pam Crowe and Frances Cole-Boyd. We are currently planning to have our first meeting on 9/12 from 6:00 to 8:00 p.m. and it will be a planning meeting with a potluck. The location is still to be determined. I think this will be an exciting start to our new year and hope to see many of you there. Bring a friend so we can expand our conversation. *Please contact Pam Crowe or Frances Cole-Boyd for more information!*

Susan Morris Wilson



Wines and Brews IT'S BACK!!!!! MYSTERY WINE TASTING

Wednesday, September 7 - at Alice Wilkinson's home. Co-hosted by Marietta Sheffield

Time: 4:30 - 7:00 PM

Bring a bottle of wine, red or white, in a bag so that the label is not exposed. Please lim-

it the cost of the wine to no less than \$15. Also bring an hors d'oeuvre to share. Spouses and friends are invited.

This was a popular event so people really need to RSVP by September 2. Please see the Contact Page for RSVP information and directions to the location.

There will be a vote taken of the favorite wine with the prizes to the winners.

Local Businesses that Support AAUW Redding Branch, Inc.

Please patronize these businesses and tell them where you saw their name.











For infomaton about renting a monthly 3" by 3.5" square

Please go to our website for infor-

aauwredding.org

mation:

We will happily design your ad.